

2018 AASP Southeast Regional Conference

Friday, February 23rd

Time	Event	Title	Presenter(s)
7:45am	Conference registration and breakfast		
8:35am	Introduction and Welcoming Remarks		Dr. Graig Chow
8:45am	Workshop	<i>It takes a village: Supporting parents of youth athletes</i>	Lindsey Hamilton
10:00am	Lecture	<i>Testing the expanded sport official's decision-making model</i>	Jason Ritchie
10:15am	Lecture	<i>Promoting virtue or inciting vigilantism? A developmental exploration of self-officiated sport</i>	Sarah Espinoza
10:30am	Lecture	<i>Coaching tips to assist adolescent athletes' pre-performance preparation</i>	Thomas Gretton
11:00am	Keynote	<i>Emotional motions: How emotions impact the translation of intention to action</i>	Dr. Christopher Janelle
12:00pm	Lunch		
1:00pm	Focus Group	<i>Student Development Roundtable: How Can AASP Better Serve You?</i>	Lindsey Hamilton
2:15pm	Panel	<i>From star player to sidekick: A panel discussion on former student athletes training to become sport psychology practitioners</i>	Brittany Calaluca, Nafalya Francis, Jasmine Oates, Laura Theus, and Luna Ugrenovic

Saturday, February 24th

Time	Event	Title	Presenter(s)
9:00am	Lecture	<i>Becoming positive after not making the cut: Cultural considerations when advising professional baseball athletes</i>	Ryan Sides
9:15am	Lecture	<i>Forging New Trails: Sport Psychology Practitioners Collaborating with Collegiate Student-Athlete Academic Services</i>	Joann Wakefield
9:30am	Lecture	<i>Factors influencing and predicting the likelihood of mental health help seeking of collegiate student-athletes</i>	Matthew Bird
10:00am	Workshop	<i>Minding the Gap: Approaches to working with the 21st century athlete</i>	Zach Brandon
11:00am	Keynote	<i>Failing to plan is planning to fail: How to develop a mental training program</i>	Dr. Duncan Simpson
12:00pm	Lunch		
1:00pm	Poster	Poster Session	
2:15pm	Lecture	<i>Practitioners Use of Mindfulness Training to Reduce the Harm from Self-Sabotaging Behavior</i>	Dr. Richard Trammel
2:30pm	Lecture	<i>Utilizing Nature in Sport and Exercise</i>	Stinne Soendergaard
2:45pm	Lecture	<i>Trauma Informed Care: Consulting with Student Athletes</i>	Ashley Fryer