Abigail Levrini, Ph.D.

Abigail Levrini, Ph.D. is a licensed psychologist in Florida and Virginia, bestselling author, speaker, and owner of the multi-location private practice, Psych Ed Connections. She earned her doctorate in Counseling and School Psychology at Florida State University in 2008, where she was part of a team that piloted a now nationally recognized ADHD coaching intervention. Dr. Levrini’s expertise can be found throughout the media on WebMD, The Washington Post, NAMI, APA, PsychCentral, and many other popular means of press. Dr. Levrini's first book is an American Psychological Association bestseller, "Succeeding with Adult ADHD: Daily Strategies to Help You Achieve Your Goals and Manage Your Life", 2012). Her second book was published in June of 2015 and is titled, "ADHD Coaching: A Guide for Mental Health Professionals". Dr. Levrini also stars in the APA Therapy Video Series on Adult ADHD Treatment.