Student Handbook for Sport Psychology

Florida State University

Department of Educational Psychology and Learning Systems

College of Education

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IMPORTANT INFORMATION

Some general lifelines for all graduate students in the College of Education:
The COE Office of Academic Services and Intern Support (OASIS) is very helpful. They are located in Room 2301 of the Stone Building and also on the web. Links to many of their helpful guidelines and forms can be found at http://education.fsu.edu/student-resources/student-academic-services-oasis/for-graduate-students. The FSU Graduate School also has many important resources and forms at http://gradschool.fsu.edu.

Forms always seem to be changing:
It is always important for graduate students to consult with OASIS and the Graduate School for the latest requirements, deadlines, and forms. Students are ultimately responsible for knowing and adhering to the requirements and deadlines. Things often change and deadlines are often earlier than you think!

More on passing exams:
With the exception of the Qualifying Review (i.e., Diagnostic/Qualifying Examination for Doctoral Degree), all students will be allowed one additional chance to retake any failed degree-seeking exam described herein (e.g., comprehensive exam, thesis prospectus defense, thesis final defense, preliminary exam, dissertation prospectus defense, dissertation final defense). If the committee considers any exam to be a conditional pass, then revisions will be allowed before the final determination is submitted. Failure of the Qualifying Review will lead to dismissal from the Ph.D. program. The second failure of any other exam or defense will also lead to dismissal from the M.S. or Ph.D. program.

Human Subjects Committee required:
Please note that FSU’s Human Subjects Committee website is another very important resource (http://www.research.fsu.edu/research-offices/human-subjects/). IRB (Institutional Review Board) application and approval is required for ALL research you might conduct at any stage during your time at FSU. It is required not just for thesis or dissertation research, but for the pilot study for the preliminary exam, and any class projects or other non-degree-seeking research you might do. It is research if you intend to disseminate the findings at research conferences or in publications. Even research involving secondary analysis of existing data sets that have already been collected on a previously approved study (or are available online, etc.) must have IRB approval!
**FAQs FSU Sport Psychology Program:**
Although originally developed for prospective graduate students, the following link contains useful information about the FSU Sport Psychology Program.

**Frequently Asked Questions for Prospective FSU Sport Psychology Graduate Students**

**Sport Psychology Courses Offered Fall 2017 – Spring 2018:**

### Fall 2017

<table>
<thead>
<tr>
<th>Course</th>
<th>Course Title</th>
<th>Day/Time</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>APK 5404</td>
<td>Sport Psychology</td>
<td>M 12:20p-3:10p</td>
<td>Gabana</td>
</tr>
<tr>
<td>EDF 6937</td>
<td>The Self in Sport &amp; Exercise Settings</td>
<td>M 12:20p-3:10p</td>
<td>Eklund</td>
</tr>
<tr>
<td>EDF 5942</td>
<td>Field Lab Internship</td>
<td>T 4p-7p</td>
<td>Chow</td>
</tr>
<tr>
<td>PET 5390</td>
<td>Measurement in SEP</td>
<td>W 12:30p-3:10p</td>
<td>Tenenbaum</td>
</tr>
<tr>
<td>APK 6412</td>
<td>Sport &amp; Exercise Psych Ethics</td>
<td>W 3:30p-6:20p</td>
<td>Chow</td>
</tr>
<tr>
<td>PET 6224</td>
<td>Exercise Effect on Cognitive Processes and Brain Function</td>
<td>Tr 2p-5:10p</td>
<td>Tenenbaum</td>
</tr>
<tr>
<td>PET 5054C</td>
<td>Motor Skill Learning</td>
<td>F 9a-12p</td>
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### Spring 2018

<table>
<thead>
<tr>
<th>Course</th>
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<tr>
<td>EDF 6937</td>
<td>Group Dynamics in Sport</td>
<td>M 11a-1:40p</td>
<td>Chow</td>
</tr>
<tr>
<td>EDF 6937</td>
<td>TBD</td>
<td>M 2p-4:40p</td>
<td>Eklund or Gabana</td>
</tr>
<tr>
<td>PET 5216</td>
<td>Applied Sport Psychology</td>
<td>T 11a-1:40p</td>
<td>Tenenbaum</td>
</tr>
<tr>
<td>EDF5942</td>
<td>Field Lab Internship</td>
<td>T 4p-7p (listed as 3:35-6:35p in schedule)</td>
<td>Chow</td>
</tr>
<tr>
<td>PET 6217</td>
<td>Stress and Motor Performance</td>
<td>W 11a-1:40p</td>
<td>Gabana or Eklund</td>
</tr>
<tr>
<td>PET 5222</td>
<td>Cognitive Sport Psychology</td>
<td>Tr 12:30p-3:10p</td>
<td>Tenenbaum</td>
</tr>
</tbody>
</table>
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M.S. and Ph.D. in Sport Psychology

The M.S. and Ph.D. degrees in Sport Psychology are located in the Department of Educational Psychology and Learning Systems (EPLS). Dr. Gershon Tenenbaum advises M.S. and Ph.D. students, is a Certified Consultant of the Association for Applied Sport Psychology (CC-AASP), and Director of the Sport Psychology Lab. Dr. Graig Chow also advises M.S. and Ph.D. students, is CC-AASP, and Director of Practicum and Supervision of Applied Sport Psychology. Dr. Nicole Gabana joins the Sport Psychology faculty beginning fall 2017 and is CC-AASP. Dr. Bob Eklund is Associate Dean for Faculty Development in the College of Education and teaches sport psychology courses. Faculty research interests and CVs can be found at https://education.fsu.edu/faculty-and-staff. In addition to the Sport Psychology faculty, the Department of EPLS is home to distinguished faculty in Measurement and Statistics, Learning and Cognition, Psychological and Counseling Services, and Instructional Systems and Learning Technologies.

**Master’s Degree Program**

The master’s degree program in Educational Psychology with a major in Sport Psychology is designed for graduate students who wish to study in the area of sport behavior, acquire basic counseling skills that may be applied to enhance sport skill performance, and assist athletes to resolve sport-related problems. Master’s students also have the opportunity to conduct practical work with athletes while receiving supervision to eventually qualify them for CC-AASP. To this end, students enroll in a program of study comprising a minimum of 37 credits, including a thesis and its oral defense OR a comprehensive exam for the coursework-only masters option.

**Ph.D. Degree Program**

The doctoral degree program, established in 1972, is designed to train and prepare scientist-practitioner-oriented doctoral level students with the goal of producing professionals who are conversant with current psychological theory and research and who are competent in the practice of applied sport psychology. Doctoral students have the opportunity to conduct practical work with athletes while receiving supervision to eventually qualify them for CC-AASP. Doctoral students are expected to master the program content at a level that will enable them, upon graduation, to become university professors, researchers, or consultants to sport teams and individual athletes. The program focuses on both the theoretical and professional training necessary to function in the field of Sport Psychology. Moreover, the program trains students to address researchable problems with direct implications for present and future sport teams and athletes.
HELPFUL HINTS FOR YOUR FIRST SEMESTER

❖ Ask Questions
- "To know the road ahead, ask those coming back." – Chinese proverb
- All the older students have been in your shoes. And had a lot of questions. 2nd year students and beyond will be one of your greatest resources.
- Don’t be afraid to ask questions. We will try to help make your transition to FSU as smooth as possible.

❖ What are your priorities?
- There are a lot of opportunities in the Sport Psychology Program. Knowing your academic and career goals will help keep you focused along the way to your degree. For example, am I interested in research or do I want to do only applied sport psychology work?

❖ Get to know the Professors
- Make sure you are aware of their contact information and office hours.
- They can be a great resource for suggestions regarding future coursework or research areas that you may be interested in.
- Allowing your professors to get to know you will make them excellent assets for writing letters of recommendation.

❖ Parking can be a NIGHTMARE!
- During the Fall and Spring Semesters parking can be an issue after 8:45am. Be prepared to spend at least 30 minutes looking for a space.
- If the parking lot directly behind Stone is full, the closest garage is the Spirit Way/Stadium Drive Garage (#3).
- FSU Shuttles travel throughout the city and stop at many apartment complexes. Consider taking the shuttle to school and back home.
- FSU Transportation Services has several apps that can make parking and taking the shuttle less of a stress. Download these apps on your smartphone: TransLoc for shuttle buses and FSU Tranz for parking garage availability.

❖ Check your Email
- This is our main source of communication. Please check and respond in a timely manner to the emails you receive, especially from program faculty.
- If you use an email that is different than your FSU student account, have all emails forwarded to an email account that you check daily.

❖ Become Aware of Professional Organizations
- Professional Organizations can lead to networking opportunities.
- Professional Organizations for Sport Psychology: Association for Applied Sport Psychology (AASP), APA Division 47, North American Society for the Psychology of Sport and Physical Activity (NASPSPA).
MASTERS PROGRAM

Program Type
There are two (2) types of master’s degrees in the College of Education (and Sport Psychology); the coursework track and the thesis track. Coursework track programs typically culminate with a Master’s Comprehensive Exam in the final semester. Thesis track programs include credited thesis hours and culminate with a thesis defense in the final semester.

As of Fall 2016, the application process for students applying to the master’s in Sport Psychology Program has been changed so there in no designation of masters’ thesis track when completing and submitting the application. That is, all master’s applicants simply apply to the M.S. program. This allows program faculty to later determine (after the second semester) which students are qualified to pursue the thesis-track after getting to know students and their research capabilities better. If Drs. Tenenbaum, Chow, or Gabana agree to serve as the major advisor for a student's thesis, a change of track form must be completed and submitted to OASIS. Further details are provided in the Thesis Prospectus and Thesis section below.

Minimum Semester Hour Degree Requirements
A minimum of 37 credits is required to graduate with a M.S. degree in Sport Psychology. For students on the thesis track, six (6) of those credits must be thesis credits, two (2) of which must be taken in the semester the student defends the final thesis. For students on the comprehensive exam track, students are expected to take an additional 6 credits of coursework. Note: master’s students typically complete more than 37 credits. For instance, master’s students may be required by supervisory committee members to take additional courses which could result in going beyond the minimum of 37. Additionally, master’s students may elect to take additional courses beyond the minimum number of credits required for certification or professional development purposes.

Program of Study
Regardless of whether students plan on doing a thesis or taking a comprehensive exam, a program of study must be filed with OASIS by the end of the second semester of enrollment. The program of study consists of the courses which will be taken to fulfill the requirements of the master’s degree. Members of the supervisory committee will sign your program of study and it will be turned in to OASIS. Changes can be made to your program of study, but must be re-signed by all committee members each time. The program of study form can be found online at http://education.fsu.edu/student-resources/student-academic-services-oasis/for-graduate-students. Ask an older student to see an example of their program of study if more help is needed.
Major Advisor and Supervisory Committee

Upon being admitted to the program, Dr. Tenenbaum and Dr. Chow serve as co-advisors for all master’s students and can assist students in selecting courses and planning their programs of study for the first year of study. For master’s students on the coursework only track, Dr. Tenenbaum and Dr. Chow continue as co-advisors throughout the degree. For master’s students on the thesis track, a permanent major advisor is needed which is typically determined at the end of the second semester. The major advisor directs the remainder of the master’s thesis track student’s program of study (see below) and supervises the research leading to the thesis.

Selection of a major advisor is based on collaborative discussions with program faculty to determine the best fit. Considerations for selection of a major advisor usually include research interests and advising load of the professor.

Thesis Prospectus and Thesis

The first step in completing a thesis is finding an area of research that is of interest to you. In several classes, students are expected to write extensive literature reviews on an area of research. Choosing a topic that you may potentially select for your thesis can help get you ahead on learning what the research says in topics you may be interested in. Discussing your area of interest with your potential advisor or other professors is always helpful. They may have an idea of past research articles that you haven’t considered or may help with study design ideas.

Thus, you are encouraged to begin thinking and reading about potential thesis topics early on to try to narrow one down during your first semester or two in the program. You should have begun working on drafting your thesis prospectus by the summer after your first two semesters. You are strongly encouraged to be working on the thesis while taking courses. Once you have completed your coursework, the University requires that you enroll each semester for at least two hours of thesis credit. If you do not do so, after two semesters your status is deactivated and you must undergo a cumbersome process for readmission! Students who complete the 6 thesis hours need not be enrolled continuously thereafter in thesis hours if they meet the minimum university requirement for full-time or part-time enrollment through other coursework. A student must be enrolled in a minimum of two thesis hours, however, in the semester of graduation (i.e., final thesis defense).

The second step is preparing the thesis prospectus, which includes chapters 1-3, references, tables/figures, and appendices. The prospectus is a proposal of your research study which will be orally defended and must be approved by the full committee before IRB submission and actual thesis research is begun. The proposal consists of an introduction, complete literature review, and a prospective method section. Your major advisor will determine when the thesis prospectus is ready to send to the supervisory committee. Members of the committee need at least two weeks to review your thesis prospectus, from the time the finalized document is emailed to them to the oral defense. Some committee members may need more than two weeks so it is important that you communicate with them as you begin to schedule the oral defense. Often it can be difficult to find a date and time in which all your committee members are available for the oral defense so it is important to plan accordingly.
For the thesis prospectus defense, the student must present the prospectus and orally defend it before the supervisory committee. After your thesis prospectus has been approved by your supervisory committee and your IRB (Institutional Review Board) application has been approved by the Human Subjects Committee, you can start conducting your thesis research.

The third step is conducting the thesis research and preparing the thesis. To demonstrate necessary scholarly independence, the student must submit to the supervisory committee a finished thesis (chapters 1-5, references, tables/figures, appendices) and must defend the accuracy and quality of the entire document. The major advisor will determine when the thesis and the student are ready for the formal defense. Similar to the thesis prospectus, members of the committee need at least two weeks to review your finished thesis, and it is important to plan well in advance to manage scheduling conflicts among committee members. For the thesis final defense, the student must present the thesis and orally defend it before the supervisory committee.

The supervisory committee for the thesis prospectus and thesis consists of three (3) members: your major advisor and two additional members from the major department. All committee members must have Graduate Faculty Status (GFS). While conforming to university guidelines regarding structure, the thesis must be written in the APA convention style. Only directly relevant arguments, information, and references are included. All committee members and the student must attend the entire defense in real time either by being physically present or participating via distance technology (via Skype). A grade of “pass” for the thesis defense requires at least a majority approval of the committee members.

*The decision regarding which students are permitted to pursue a thesis is based on the advisor’s (Dr. Tenenbaum, Dr. Chow, or Dr. Gabana) evaluation of the student’s suitability to successfully complete a thesis in a timely manner as well as the advisor’s current thesis advising load. As of Fall 2016, all incoming masters’ students are considered non-thesis track (even those who were accepted as thesis-track) until approved by one of the advisors. If the master’s student is approved by a sport psychology advisor to change from non-thesis track to thesis-track, the advisor must complete the Major Change Form at: http://education.fsu.edu/wp-content/uploads/2015/06/MajorChangeGrad_May2015.pdf. Advisors must sign the form on the “advisor” line.

By the end of the second semester is an appropriate time to evaluate and determine which track masters students will pursue. To help the potential advisor evaluate the master student’s ability to plan, conduct, write, and complete a thesis, the student is expected to submit a short synopsis of his/her thesis (5-10 pages double space).

Master’s students who are thinking about doing a thesis should take the 1-credit co-requisite EDF 5916 (Research Proposal Writing) as part of EDF 5481 (Research Methods).

Keep in mind that it sometimes takes 3 years to complete the thesis track.
**Recommended Timetable**

We urge you to complete at least EDF 5481 (Research Methods), EDF 5916 (Research Proposal Writing co-requisite), and EDF 5400 (Basic Statistics) during your first year (fall, spring, summer) in our program. This will help you better understand material in your substantive courses and you will find your methods training will boost your statistical training and vice versa. Some students find it very helpful to complete both EDF 5481 and EDF 5400 in the same semester, while others prefer to sequence them. Discuss this with your advisor, who will consider your academic background and other planned courses. If you take EDF 5400 in the Fall, EDF 5401 (General Linear Model) is nearly always offered in the Spring, and most students find this to be a solid background for taking other Statistics and Measurement courses, such as EDF 5402 (Analysis of Variance). You will also find these methods and statistics courses invaluable in planning your thesis, and, by completing the basics during your first year of study, this may enable you to progress more quickly on the rest of your master’s program. Full-time students should try to spread their course work out over two years to allow themselves time to focus on their research and applied opportunities. The university requires that work for the master’s degree must be completed within seven years from the time the student first registers for graduate credit. Any graduate work transferred from another institution must have commenced not more than seven years prior to completion of the degree for the credits to be applicable to the master’s degree.

**Note:** Some courses are offered every other year so plan accordingly (see below).

Obtain a copy of Guidelines and Requirements for Thesis, Treatise, and Dissertation Writers from the Office of Graduate Studies, 408 Wescott, (850) 644-3500. More information and examples of past theses can be found on the Office of Graduate Studies website: [www.gradschool.fsu.edu](http://www.gradschool.fsu.edu)

Be sure to contact the Graduate Coordinator for the College of Education in the Office of Academic Services (OASIS), 2301 Stone Building, for important graduation deadlines. [http://education.fsu.edu/student-resources/student-academic-services-oasis/for-graduate-students](http://education.fsu.edu/student-resources/student-academic-services-oasis/for-graduate-students)

**Comprehensive Exam**

For the coursework-only (i.e., non-thesis track) master’s degree option, students will take a comprehensive exam and oral defense. Students will have 24 hours to complete the written portion of the comprehensive exam, and then must orally defend their responses before the committee. Students who choose to take the comprehensive exam rather than complete a thesis will be expected to take six (6) additional credits of coursework.

Students must enroll for the Master's Comprehensive Examination EDF 8966 through the EPLS Department (see Eileen “Beanie” Sirois) during the semester they plan on taking the exam.
**REQUIRED COURSES**

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<thead>
<tr>
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<th>Course Title</th>
<th>Notes</th>
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<tbody>
<tr>
<td>PET 5054C</td>
<td>Motor Skill Learning (3)</td>
<td>Offered every other Fall</td>
</tr>
<tr>
<td>PET 6931</td>
<td>Advanced Exercise Physiology (4)</td>
<td>Only offered in Spring</td>
</tr>
<tr>
<td>APK 5404</td>
<td>Introduction to Sport Psychology (3)</td>
<td>Only offered in Fall</td>
</tr>
<tr>
<td>PET 5255</td>
<td>Social Bases of Physical Activity (3)</td>
<td>Offered every other Fall</td>
</tr>
<tr>
<td>PET 5216</td>
<td>Applied Sport and Exercise Psychology (3)</td>
<td>Only offered in Spring</td>
</tr>
<tr>
<td>EDF 5222</td>
<td>Cognitive Processes in Sport Psychology (3)</td>
<td>Only offered in Spring</td>
</tr>
<tr>
<td>PET 5390</td>
<td>Measurement in Sport and Exercise Psychology (3)</td>
<td>Only offered in Fall</td>
</tr>
<tr>
<td>PET 6217</td>
<td>Stress and Motor Performance (3)</td>
<td>Only offered in Spring</td>
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**SPORT PSYCHOLOGY/EDUCATIONAL PSYCHOLOGY (18 Credits)**

<table>
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<tr>
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<th>Course Title</th>
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<tbody>
<tr>
<td>PET 6087</td>
<td>Exercise Effect on Health and Quality of Life (3)</td>
<td>Highly recommended for applied work and CC-AASP</td>
</tr>
<tr>
<td>PET6224</td>
<td>Exercise Effect on Cognitive Processes and Brain Functioning (3)</td>
<td>Highly recommended for applied work and CC-AASP</td>
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<tr>
<td>APK 5404</td>
<td>Introduction to Counseling Theories and Techniques (4)</td>
<td>Highly recommended for applied work and CC-AASP</td>
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<tr>
<td>MHS 5060</td>
<td>Psychosocial and Multicultural Aspects of Counseling (3)</td>
<td>Highly recommended for applied work and CC-AASP</td>
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**RESEARCH AND STATISTICS (7 = Comp Exam Track, 14 = Thesis Track)**

<table>
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<tbody>
<tr>
<td>EDF 5401</td>
<td>General Linear Modeling Applications (4)</td>
<td>REQUIRED FOR EXAM</td>
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<tr>
<td>EDF 5402</td>
<td>Advanced Topics in Analysis of Variance Applications (3)</td>
<td>REQUIRED FOR THERESIS</td>
</tr>
<tr>
<td>EDF 5406</td>
<td>Multivariate Analysis Applications (3)</td>
<td>REQUIRED FOR THERESIS</td>
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<tr>
<td>EDF 5409</td>
<td>Causal Modeling (3)</td>
<td>REQUIRED FOR THERESIS</td>
</tr>
<tr>
<td>EDF 6475</td>
<td>Qualitative Methods in Education Research (3)</td>
<td>REQUIRED FOR THERESIS</td>
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**ELECTIVE COURSES**

6 credits of electives required for Comprehensive Exam option students

**SPORT PSYCHOLOGY/EDUCATIONAL PSYCHOLOGY**

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<tr>
<td>EDF 6937</td>
<td>Seminar: Group Dynamics in Sport (3)</td>
<td>The topics of EDF 6937 change frequently.</td>
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<tr>
<td></td>
<td>Seminar: Performance Psychology (3)</td>
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<td></td>
<td>Seminar: The Self (3)</td>
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<td></td>
<td>Additional Seminar Courses (3)</td>
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<tr>
<td>PET 6087</td>
<td>Exercise Effect on Health and Quality of Life (3)</td>
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<tr>
<td>PET6224</td>
<td>Exercise Effect on Cognitive Processes and Brain Functioning (3)</td>
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<tr>
<td>APK 5404</td>
<td>Sport &amp; Exercise Psychology Ethics (3)</td>
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<tr>
<td>MHS 5400</td>
<td>Introduction to Counseling Theories and Techniques (4)</td>
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<tr>
<td>MHS 5060</td>
<td>Psychosocial and Multicultural Aspects of Counseling (3)</td>
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**RESEARCH AND STATISTICS**

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<tr>
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<tbody>
<tr>
<td>EDF 5401</td>
<td>General Linear Modeling Applications (4)</td>
<td>MUST BE APPROVED BY ADVISOR</td>
</tr>
<tr>
<td>EDF 5402</td>
<td>Advanced Topics in Analysis of Variance Applications (3)</td>
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<tr>
<td>EDF 5406</td>
<td>Multivariate Analysis Applications (3)</td>
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<tr>
<td>EDF 5409</td>
<td>Causal Modeling (3)</td>
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<tr>
<td>EDF 6475</td>
<td>Qualitative Methods in Education Research (3)</td>
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**ADDITIONAL ELECTIVE HOURS IN EDUCATIONAL OR COUNSELING PSYCHOLOGY**

(or related courses)

**EDF 5942: Field Lab Internship (1-4)**

1 CREDIT REQUIRED EACH SEMESTER IF INVOLVED IN APPLIED WORK

Total Hours (Minimum): 37
DOCTORAL PROGRAM

Upon being admitted to the program, students are assigned a major advisor. The advisor assists students in selecting courses and planning their programs for the first year of study. Before the end of the second semester of study, students are reviewed by the program faculty for their qualification to continue as doctoral students in the program (see Qualifying Review – Diagnostic/Qualifying Examination for Doctoral Degree). After successful qualification, students select a permanent advisor who will direct the remainder of their program of study (see below) and supervise the research leading to their dissertation. Selection of a major advisor is based on collaborative discussions with program faculty to determine the best fit. Considerations for selection of a major advisor usually include research interests and advising availability load of the professor. Soon after the Qualifying Review, students, together with their major advisor, select a minimum of three (3) additional members of the graduate faculty who have Graduate Faculty Status (GFS), one of whom is a University Representative who shall represent the graduate faculty at-large and is drawn outside the student’s department. The University Representative must be a tenured member of the faculty. Additional members may be appointed if deemed necessary, but must hold GFS. Under exceptional circumstances, two (2) committee members may participate in a defense via Skype rather than in person. Exceptional circumstances include cases in which it is physically impossible for two committee members to be present in person. For example, if both members have courtesy appointments in another state or another country, or if one member has a courtesy appointment and another is on sabbatical in another state or another country, such that neither member can be physically present for the defense, then the student or candidate may hold his or her defense with these two members participating via Skype.

The major advisor typically advises students regarding program and departmental requirements. The supervisory committee decides issues not covered in these guidelines. In addition, the supervisory committee formally approves the student’s program of study, conducts the preliminary defense, and supervises the dissertation.

Qualifying Review (i.e., Diagnostic/Qualifying Examination)

The first year Qualifying Review is a university-wide requirement for all doctoral students. Your first year Qualifying Review must be completed before the end of your second semester in the doctoral program. The Qualifying Review is designed to assess the student’s suitability for pursuit of the doctoral degree and to facilitate counseling in the development of the student’s program of study. The Sport Psychology faculty designed the Qualifying Review to be an opportunity for the student and faculty to reflect on the student’s progress, goals, and plans. The meeting to discuss the portfolio to be prepared (described below) is an informal discussion meant to be focused on helping the student meet his/her goals and providing guidance.

For your Qualifying Review, the review committee will include at least two Sport Psychology faculty members. The form to be completed and submitted to OASIS following this review can be found at http://education.fsu.edu/wp-content/uploads/2015/06/Diagnostic_qualifying_Exam_Form.pdf. The Doctoral Diagnostic Exam does not require registration.
The Qualifying Review consists of the following:

(1) Students will prepare a portfolio, which you will provide to your review committee members, containing
   - A complete draft of the Program of Study form (to include all courses and dissertation hours you propose to take and when).
   - Your CV.
   - A new Personal Statement describing your educational and professional goals.
   - A paper (2-3 pages) discussing your potential research direction and intended topic of study.
   - A paper (2-3 pages) discussing your philosophy, objectives, and goals related to psychological service provision and/or teaching.

(2) Following completion of portfolio materials, students will organize a meeting with the review committee during which your portfolio materials are reviewed and evaluated, including the content of your program, and a discussion of how the proposed Program of Study will help your goals.

Your Program of Study will be reviewed to ensure that your courses are consistent with program requirements, your career objectives, and to possibly recommend other committee members.

The CV will be reviewed to ensure that you understand how to structure, format, and provide content that is appropriate for a professional CV. Your particular strengths and areas for improving your CV will be discussed.

The new Personal Statement is designed to help you think about how to select particular experiences (research, applied, teaching, grants, etc.) at FSU to reach your career aspirations.

In the paper discussing your potential research direction and intended topic of study, you will write about your research areas of interest, potential relevant studies, and dissertation ideas. A review of this paper will help to determine your major advisor.

In the paper discussing your philosophy, objectives, and goals related to psychological service provision and/or teaching, you will write about your plans and approach to applied work and/or teaching. Based on your interests and career objectives, you can write about one or the other, or both. For applied work, things to consider include prior consulting experiences, desired consulting experiences, consulting strengths and weaknesses, interventions/techniques and assessment methods you are competent in or those that you need to gain competency in, supervision, and consulting philosophy and orientation. For teaching things to consider include prior teaching experiences, desired teaching experiences, teaching strengths and weaknesses, pedagogical skills and classroom assessment, and teaching philosophy and style.

Criteria for successfully completing the Qualifying Review include completing the required materials for the portfolio; designing a coherent Program of Study; earning grades meeting the minimum university criteria (grades of B or higher) with any incompletes completed in no more than one semester; and writing clearly and concisely about your educational and professional
goals, your potential research area with a consideration of the research methods that may be used, and your applied and/or teaching objectives. In cases where the committee has concerns about qualifications, the review committee will consider how course problems are remediated and how incompletes are resolved. Students with any marginal portfolio materials will have the opportunity for revision. Ultimately, the review committee will assess your suitability for pursuing the doctoral degree. You will be evaluated on your writing ability, critical and logical thinking, ability to present and respond to questions, organizational skills, and reflective capabilities.

In accordance with College policy (see COLLEGE OF EDUCATION, Requirements of Doctoral Study), “Every student who has been admitted to work toward a doctoral degree within a department or program of the College, must, before the end of the second semester of post-baccalaureate study, complete a departmentally administered diagnostic examination. … The department will notify the College of Education’s Office of Academic Services and the University Registrar if the diagnostic examination is failed and the student’s program is to be terminated.”

Students who do not complete the Qualifying Review by the end of their second semester in the doctoral program will have a course registration hold placed on their account.

**Thesis-Equivalent Research as Part of Qualifying Review**

Doctoral students who have not completed a master’s thesis are required to complete a thesis-equivalent research project within the first year of doctoral studies. In addition to the portfolio and requirements outlined above, the progress and quality of this thesis-equivalent research will also be evaluated during the qualifying review to determine the student’s suitability to continue in the doctoral program. Failure of the thesis-equivalent research, including making inadequate progress, will lead to dismissal from the Ph.D. program.

**Qualifying Review Evaluation Policy and Dismissal**

Based on the student’s performance on the qualifying review, the review committee comprising at least two Sport Psychology faculty members will assign a pass or fail grade, as required by the College of Education. If a student is unsuccessful in passing the qualifying review on the first attempt, the student will be given a second opportunity to revise unsatisfactory portfolio materials and thesis-equivalent research (if applicable). Students will have 30 days to revise and resubmit unsatisfactory portfolio materials and/or thesis-equivalent research. A second failure on the qualifying review will result in termination from the sport psychology program. Students who fail to schedule and take the qualifying review before the end of the second semester of enrollment will be denied permission to register and take classes in subsequent semesters until this requirement has been satisfactorily completed.
**Qualifying Review Appeal Process**

If a doctoral student fails the qualifying review, the student shall have the right to appeal the decision. To initiate an appeal, the student should contact his/her major advisor with a written request to appeal the decision within five business days of receiving notice of failure. Once the advisor has reviewed the appeal, the student will present the appeal to the sport psychology program coordinator and the EPLS department chair within five business days of receiving the results. Once the EPLS department chair has received the appeal, the chair will present the appeal to an ad hoc Department Advisory Committee (DAC) for their action within two weeks of receiving the appeal. A committee of two DAC members (who were not involved in the qualifying review) and one doctoral candidate will be assigned to review the decision. Once the review has been conducted, the committee will report their findings to the EPLS department chair within two weeks of having received the appeal. The EPLS department chair will then issue a final decision on the matter to the student and the appropriate program faculty within five days of receiving the committee’s decision.

Should the student not be satisfied with the department’s response, the student may appeal to the Associate Dean for Academic Affairs in the College of Education.

**Annual Review**

In accordance with University and College policy, your major advisor must annually assess, in writing, your academic progress as a doctoral student. It is your responsibility to schedule a meeting with your major advisor each year to discuss your progress over the past 12 months and address any special problems that may have occurred (typically at the end of the spring semester). An annual review form must subsequently be completed and signed, and then submitted to OASIS ([http://education.fsu.edu/wp-content/uploads/2015/06/Annual-Review-2015.pdf](http://education.fsu.edu/wp-content/uploads/2015/06/Annual-Review-2015.pdf)).

**Preliminary Exam and Defense**

Usually by the end of the second or third year, doctoral students must also complete an original research pilot study formally written in APA journal style, as well as a conceptual paper in an area of concentration, and defend them before the supervisory committee. The study should be of sufficient quality in its methodology that it has the potential for publication. For the preliminary defense, the student must present both the conceptual paper and the pilot study, and orally defend them to the supervisory committee. The committee will recommend the student for candidacy to the doctoral degree following a satisfactory defense and acceptable grades in required core and advanced courses. All doctoral students who are admitted to candidacy must be enrolled for a minimum of 2 dissertation credit hours each term (including summer). Minimum hours requirements may be different for international students and for students on assistantship. Continuous enrollment in dissertation hours is a requirement for graduation clearance.
Doctoral Students must enroll for the Preliminary Examination EDF 8964 through the EPLS Department (see Eileen “Beanie” Sirois) during the semester they plan on taking the exam.

**Scholarly Engagement Requirement for Sport Psychology**

Beginning in fall 2016, FSU is discontinuing the residence requirement for doctoral students and replacing it with the Scholarly Engagement requirement. To meet the Scholarly Engagement requirement, doctoral students should interact with faculty and peers in ways that may include enrolling in courses; attending seminars, symposia and conferences; engaging in collaborative study and research beyond the university campus; and utilizing the library, laboratories, and other facilities provided by the university. The goal is to prepare students to be scholars who can independently acquire, evaluate, and extend knowledge, as well as develop themselves as effective communicators and disseminators of knowledge. The purpose of the Scholarly Engagement requirement is to ensure that doctoral students are active participants in the global scholarly community. Each academic unit with a doctoral program should include a program specific statement in its Graduate Handbook describing how their students can meet the Scholarly Engagement requirement.

Specific to the sport psychology program, the aim of the Scholarly Engagement requirement is to ensure that doctoral students are active participants in the scholarly community. To become competent and independent scholars, doctoral students are expected to acquire, critically evaluate, and create new knowledge, as well as communicate about and disseminate their work. Engagement activities are dependent on one’s progress in the program. Each doctoral student will be evaluated on their Scholarly Engagement at the end of each academic year.

Doctoral students in Sport Psychology can meet the Scholarly Engagement requirement by fulfilling all activities marked with an asterisk, and at least 2 of the activities within each category (Academic, Research, and Service/Applied) marked with a + each academic year.

**1st Year**

**Academic**
- *Establish a POS approved by the Sport Psychology faculty*
- *Participate in the Sport Psychology classes offered*

**Research**
- *Join one of the 3 research teams in the program*
- *Attend research meetings and shadow ongoing research projects in the program*

**Service/Applied**
- +Attend and participate in supervision of applied sport psychology
- +Membership and attendance in SPORT and SPEAR activities and conferences
- +Attend at least one conference (local, regional, national, international)

**2nd Year**

**Academic**
- *Attend classes on POS*
Research
• *Participate in research projects
• *Decide upon a dissertation research project and share with the faculty
• +Initiate at least one lead research project
• +Present in at least one conference (local, regional, national, international)
• +Publish in at least one peer-reviewed journal

Service/Applied
• +Attend and participate in supervision of applied sport psychology
• +Leadership in SPORT and SPEAR
• +Leadership role or mentor in ASP

3rd Year and Beyond

Academic
• *Complete classes on POS
• *Complete 3 defenses and dissertation

Research
• *Initiate dissertation research
• +Lead at least one research project
• +Present in at least one conference (local, regional, national, international)
• +Publish in at least one peer-reviewed journal

Service/Applied
• +Attend and participate in supervision of applied sport psychology
• +Leadership in SPORT and SPEAR
• +Leadership role or mentor in ASP
• +Attend at least 2 conferences (local, regional, national, international)

Field Lab Internship

The Field Laboratory Internship (EDF 5942) in Sport Psychology is an intensive semester-long supervised practicum usually with a varsity or club sport team at Florida State University. See ASP-FSU below for more information.

Dissertation Prospectus and Dissertation

Students embark on the dissertation process upon successful completion of the preliminary exam defense. The first step is preparing the dissertation prospectus, which includes chapters 1-3, references, tables/figures, and appendices. The dissertation prospectus is a proposal of your research study which will be orally defended and must be approved by the full committee before IRB submission and actual dissertation research is begun. The proposal consists of an introduction, complete literature review, and a prospective method section. Your major advisor will determine when the dissertation prospectus is ready to send to the supervisory committee.
Members of the committee need at least two weeks to review your dissertation prospectus, from the time the finalized document is emailed to them to the oral defense. Some committee members may need more than two weeks so it is important that you communicate with them as you begin to schedule the oral defense. Often it can be difficult to find a date and time in which all of your committee members are available for the oral defense so it is important to plan accordingly. For the dissertation prospectus defense, the student must present the prospectus and orally defend it before the supervisory committee. The prospectus must be approved by the full committee before dissertation research is begun.

During and after research is conducted for the dissertation, students begin writing the dissertation itself. While conforming to university guidelines regarding structure, the dissertation must be written in accordance with the standards of the Publication manual of the American Psychological Association-Version 6. Only directly relevant arguments, information, and references are included.

Obtain a copy of Guidelines and Requirements for Thesis, Treatise, and Dissertation Writers from the Office of Graduate Studies, 408 Westcott, (850) 644-3500. Be sure to contact the Graduate Coordinator for the College of Education in the Office of Academic Services, 108 Stone Building, for important graduation deadlines.

To demonstrate necessary scholarly independence, the student must submit to the supervisory committee a finished dissertation (chapters 1-5, references, tables/figures, appendices) and must defend the accuracy and quality of the entire document. The major advisor will determine when the dissertation and the student are ready for the formal defense. Similar to the dissertation prospectus, members of the committee need at least two weeks to review your finished dissertation, and it is important to plan well in advance to manage scheduling conflicts among committee members. For the dissertation final defense, the student must present the dissertation and orally defend it before the supervisory committee. All committee members and the student must attend the entire defense in real time either by being physically present or participating via distance technology (via Skype). A grade of “pass” for the dissertation defense requires at least a majority approval of the committee members.

**Recommended Timetable**

<table>
<thead>
<tr>
<th>Full-time students should adhere to the following ideal schedule:</th>
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<tbody>
<tr>
<td><strong>First Year</strong></td>
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<td><strong>Second Year</strong></td>
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<td><strong>Third Year</strong></td>
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<td><strong>Fourth Year</strong></td>
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</table>
**Doctoral Program of Study**

A department approved program of study **must be submitted to OASIS by the end of the third semester of enrollment in the doctoral program.** The program of study consists of the courses which will be taken to fulfill the requirements of the Doctoral degree. Members of the supervisory committee will sign your program of study and it will be turned in to OASIS. Changes can be made to your program of study, but must be re-signed by all committee members each time. The program of study form can be found online at [http://education.fsu.edu/student-resources/student-academic-services-oasis/for-graduate-students](http://education.fsu.edu/student-resources/student-academic-services-oasis/for-graduate-students). Ask an older student to see an example of their program of study if more help is needed. Failure to submit required forms will result in registration holds and may result in a delay in degree conferral.

In order to receive a Ph.D. in Sport Psychology, students are required to take the following courses. Some courses from a previously attended university may transfer towards the doctoral degree. A minimum of 77 credits are required, including the 24 credits of Dissertation. However, doctoral students may be required by supervisory committee members to take additional courses which could result in going beyond this minimum. Additionally, doctoral students may elect to take additional courses beyond the minimum number of credits required for certification or professional development purposes.

**Note:** Some courses are offered every other year so plan accordingly. Courses marked with an asterisk are required unless a similar course was completed during your master’s degree. If you believe that a previously completed master’s course is similar to one of our required courses, please email the course syllabus to Dr. Tenenbaum and Dr. Chow for approval. Although the course credits do not transfer over (as it was for your masters degree), this allows you to take a different sport psychology course in its replacement as part of your Program of Study. The topics of EDF 6937 change frequently.

### Course Listings

<table>
<thead>
<tr>
<th>Sport Psychology and Movement Sciences Core (30-33 credits)</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>PET 5054C</td>
<td>Motor Skill Learning (3)</td>
</tr>
<tr>
<td>PET 6931</td>
<td>Advanced Exercise Physiology (4)</td>
</tr>
<tr>
<td>APK 5404</td>
<td>*Introduction to Sport Psychology (3)</td>
</tr>
<tr>
<td>PET 5255</td>
<td>*Social Bases of Physical Activity (3)</td>
</tr>
<tr>
<td>PET 6217</td>
<td>*Stress and Performance in Sport (3)</td>
</tr>
<tr>
<td>PET 5390</td>
<td>*Measurement in Sport and Exercise Psychology (3)</td>
</tr>
<tr>
<td>PET 5240</td>
<td>*Applied Sport and Exercise Psychology (3)</td>
</tr>
<tr>
<td>EDF 5222</td>
<td>*Cognitive Processes in Sport Psychology (3)</td>
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<td>Code</td>
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<tr>
<td>PET</td>
<td>Exercise Effect on Health and Quality of Life</td>
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<tr>
<td>6087</td>
<td>Exercise Effect on Cognitive Processes and Brain Functioning</td>
</tr>
<tr>
<td>APK</td>
<td>Sport &amp; Exercise Psychology Ethics</td>
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<tr>
<td>6412</td>
<td>Seminar in SP – Group Dynamics in Sport</td>
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<tr>
<td>EDF</td>
<td>Seminar in SP – Performance Psychology</td>
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<tr>
<td>6937</td>
<td>Seminar in SP – The Self</td>
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<tr>
<td>EDF</td>
<td>Directed Individual Study</td>
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<tr>
<td>5906</td>
<td>Supervised Research</td>
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<tr>
<td>EDF</td>
<td>Basic Descriptive and Inferential Statistics Application</td>
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<tr>
<td>5400</td>
<td>General Linear Model Application</td>
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<tr>
<td>EDF</td>
<td>Analysis of Variance Applications</td>
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<tr>
<td>5402</td>
<td>Multivariate Analysis</td>
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<tr>
<td>EDF</td>
<td>Methods of Educational Research</td>
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<tr>
<td>5481</td>
<td>Research Proposal Writing co-requisite</td>
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<tr>
<td>EDF</td>
<td>Qualitative Research Methods</td>
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<td>5464</td>
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<tr>
<td>Psychology Courses (up to 9 credits)</td>
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<tr>
<td>SOP</td>
<td>Social Psychology</td>
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<td>5053</td>
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<td>or</td>
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<tr>
<td>SYP</td>
<td>Theories of Social Psychology</td>
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<tr>
<td>5105</td>
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<td>CLP</td>
<td>Abnormal Psychology</td>
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<td>6169</td>
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<td>or</td>
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<tr>
<td>SOW</td>
<td>Psychopathology</td>
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<td>5125</td>
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<tr>
<td>PPE</td>
<td>Personality Theory</td>
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<tr>
<td>5055</td>
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<tr>
<td>Counseling Courses (up to 10 credits)</td>
<td>Notes</td>
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<td>---------------------------------------------------------------------------</td>
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<tr>
<td>MHS 5400 Introduction to Counseling Theories and Techniques (4)</td>
<td>Highly recommended for applied work and CC-AASP</td>
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<tr>
<td>MHS 5511 Group Counseling: Theory and Practice (3)</td>
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<tr>
<td>MHS 6401 Advanced Individual Counseling Theories (3)</td>
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<tr>
<td>MHS 5060 Psychosocial and Multicultural Aspects of Counseling (3)</td>
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</table>

**Related Studies (up to 12 hours)**

*Can be selected from any one of the following: a relevant area within education, psychology, counseling, sociology, movement sciences, learning & cognition, or measurement & statistics.*

*Substitution with course requirements may be negotiated with advisor.

<table>
<thead>
<tr>
<th>Field Lab Internship (8 credits)</th>
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<tbody>
<tr>
<td>EDF 5942 Field Lab Internship</td>
<td>1 CREDIT REQUIRED EACH SEMESTER IF INVOLVED IN APPLIED WORK</td>
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<tr>
<td>(often taken for applied work, but can also be completed as research</td>
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<tr>
<td>credits or combined applied and research)</td>
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<table>
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<tr>
<th>Dissertation (24 credits)</th>
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<tbody>
<tr>
<td>EDF 8964 Preliminary Exam</td>
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<tr>
<td>EDF 6980 Dissertation</td>
<td>24</td>
</tr>
<tr>
<td>EDF 8985 Dissertation Defense</td>
<td>0</td>
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</tbody>
</table>
FREQUENTLY ASKED QUESTIONS

Are there opportunities for supervised applied experiences?

M.S. Currently there are formal opportunities for students in the master’s program for supervised applied experiences with athletes. Master’s students shadow the applied work of advanced students during the first semester and serve as apprentices during the second semester. Following the shadowing and apprentice experience as well as successful completion of core courses (e.g., Introduction to Sport Psychology, Applied Sport Psychology, Introduction to Counseling Theories and Techniques), master’s students are eligible to begin consulting under the mentorship of a doctoral student. Students must demonstrate an extended theoretical and conceptual understanding of concepts within the field of sport, exercise, and performance psychology in order to become consultants. Master’s students must enroll in 1 credit of Field Lab Internship (EDF 5942) each semester they are involved in applied work (as a shadow, apprentice, or consultant).

Ph.D. Currently there are formal opportunities for students in the doctoral program for supervised applied experiences with athletes. Doctoral students typically shadow the applied work of advanced students during the first semester and serve as apprentices during the second semester. Following the shadowing and apprentice experience as well as successful completion of core courses (e.g., Introduction to Sport Psychology, Applied Sport Psychology, Introduction to Counseling Theories and Techniques), doctoral students are eligible to begin consulting (under the mentorship of an advanced doctoral student during the first year of consulting). Depending on the doctoral student’s prior academic and applied background, some exceptions to this process may apply upon supervisor approval. Doctoral students must enroll in at least 1 credit of Field Lab Internship (EDF 5942) each semester they are involved in applied work (as a shadow, apprentice, consultant, or supervisor-in-training).

Are there opportunities for conducting research with Faculty?

Yes, faculty members are actively engaged in research projects leading to publication. Graduate students have opportunities to assist with research.

Are there opportunities for teaching?

Doctoral students in their second year of study or later may have opportunities for teaching undergraduate courses in sport, exercise, and performance psychology. To be eligible the doctoral student must be in good standing with the program and making timely progress toward degree requirements (e.g., thesis, preliminary exam, dissertation prospectus, dissertation defense). A summary of key University and Program requirements is provided below. Please review the most recent University Wide Standards for Graduate TAs for more details. It is suggested that you complete the following requirements as soon as possible to be considered for a teaching position. It is your responsibility to ensure that these requirements are met and communicated to sport psychology faculty. Students who fail to meet all of the following requirements will not be considered for available teaching positions, and may have their teaching
opportunity revoked if found to be in non-compliance. **Note:** Doctoral students will typically teach a total of three semesters, so it is important to plan your assistantships accordingly.

To be eligible to be a Level-4 (upper-level undergraduate courses) Instructor of Record, you must:

- Have a master’s degree or at least 30 hours of graduate coursework in the teaching discipline
- Must attend days one and two of the Fall PIE Teaching Conference before the commencement of one’s teaching duties or an equivalent offered by the academic unit (that has been approved by the Graduate School). Days one and two of the Fall PIE Teaching Conference address the following policies which are required at this level: Sexual Harassment Policy, Academic Honor Policy, the Federal Educational Rights and Privacy Act (FERPA), American with Disabilities Act (ADA), Grading Policies, Textbook Adoption Procedure Policy, Syllabus Policy, Class Attendance Policy, Final Exam Policy, Copyright Law Regulations (Copyright Revision Act of 1976 “fair use”) and Course Evaluation Policy. Days one and two also include training in a number of topics that are of value to instructors e.g., the use of Blackboard for instruction, time management for Teaching Assistants, interacting professionally with one’s students, dealing with distressed students, diversity in the classroom, grading and assessment.
- complete a “teaching in the discipline” course or equivalent academic unit orientation (offered by the Sport Psychology program during the spring semester)
- complete a full semester of observations on one of our undergraduate courses
- be in good standing with the program regarding progress toward degree and prior teaching/GA evaluations
- *receive direct supervision by a faculty member in the teaching discipline
- *receive planned and periodic evaluations
- for non-native speakers of English, have a minimum of 50 on the SPEAK test (administered by Center for Intensive English Studies; CIES)

While not required, EDH5305 – College Teaching: Instruction in Higher Education, is highly recommended for all those who wish to teach.

**Besides teaching, are there other assistantships available that include a tuition waiver?**

Some students have been able to obtain assistantships in outside departments or other locations on campus. In these cases, the Department of EPLS may cover a tuition waiver. However, the department will only cover this waiver if the student is in good standing with the program and is making timely progress toward degree requirements. Bryan Richards is the office manager for EPLS and processes appointments for students who become University employees and receive graduate assistantships and tuition waivers. He has no information about what assistantships are available in the program, college, or University and is not responsible for filling open positions or finding funding for students.
What type of space is available for graduate students?

The sport psychology lab may be used by graduate students in the program when it is not reserved for a study, course, or meeting. Graduate TAs (Instructor of Record) may be considered for a carrel. Also, there are locked, small private offices in Dirac or Strozier that can be reserved a semester at a time. All sport psychology graduate students have a mailbox which is located outside of Dr. Chow’s office (3204-H) in the file cabinet.

What are the job opportunities for program graduates?

FSU graduates are prepared to work in academic positions at the College/University level, in research institutes, and as coaching educators for College/University or sport organizations. In accordance with the scientist-practitioner model, the emphasis is on training students for faculty positions in Sport Psychology or applied opportunities to provide part-time or full-time consulting with athletes ranging from amateur to professional.

Will I be prepared for a Doctorate?

The M.S. program at FSU provides a solid foundation in sport psychology theory, research, and practice. Students are expected to develop strong research, writing, and critical thinking skills that will enable them to excel at the doctoral level. Many students who graduate with an M.S. degree from our program go on to pursue a Ph.D. in Sport Psychology, Counseling Psychology, and other related disciplines.

What about financial aid, assistantships, & scholarships?

Ph.D. students in their second year of study or later may have opportunities for teaching undergraduate courses in sport, performance, and exercise psychology. Occasionally, other assistantships exist in the form of research, supervision, or program assistants. Many students apply for and obtain assistantships outside of the program. However, the sport psychology program does not have control over these so it is up to the student to seek such opportunities by contacting departments, colleges, and other centers on campus.

Besides assistantships, students can look to the following resources for funding opportunities including financial aid and scholarships:

Financial Aid information: https://financialaid.fsu.edu/
FSU Scholarship Information: https://financialaid.fsu.edu/types-aid/scholarships
College of Education Scholarship Information: https://education.fsu.edu/student-resources/scholarships-and-aid
Office of Graduate Fellowships and Awards: http://ogfa.fsu.edu/

Please see http://www.gradstudies.fsu.edu for further information on finances, expenses, tuition, scholarships, and fellowships.

Satisfactory Academic Progress Requirement for Financial Aid
Federal regulation (34 CFR 668.34) requires that schools establish a Satisfactory Academic Progress (SAP) requirement establishing maximum number of hours allowable to achieve the degree program sought, and minimum progress requirements for continued financial aid eligibility. Florida State University evaluates Satisfactory Academic Progress for financial aid purposes annually.

For Sport Psychology, this is 81 for MS and 216 for PhD.

Students must maintain Satisfactory Academic Progress in order to receive Federal and State financial aid.

http://financialaid.fsu.edu/Resources/Satisfactory-Academic-Progress-Policy

**FSU Sport Psychology Student Organizations**

**Applied Sport Psychology-FSU (ASP-FSU)**

The mission of ASP-FSU is to provide interested and qualified graduate students applied experience working with clients on issues related to sport, exercise, and performance psychology. The program is designed to provide graduate students with the supervision necessary to develop their consulting knowledge, skills, and ultimately competency, and complete the mentored experience requirements for AASP certification.

Students who are involved in any applied work as shadows, apprentices, consultants, or supervisors-in-training must be registered in at least one credit of Field Lab Internship (EDF 5942) and attend and actively participate in ASP Supervision.

Meeting Times: Every Tuesday from 4:00pm-7:00pm during the fall and spring semesters. Each student is assigned a specific section and 1-hour time block (e.g., Section 1: 4-5p, Section 2, 5-6p, Section 3: 6-7p). Summer supervision may be provided depending on the supervisor’s availability.

ASP-FSU has a separate handbook and Blackboard site which includes guidelines, expectations, documents, resources, and other materials related to applied sport psychology service delivery and supervision.

**Sport Psychology Organization and Research Team (SPORT)**

SPORT (Sport Psychology Organization and Research Team) is a student lead graduate organization developed to foster professional development within the field of sport and exercise psychology. Through collaborative student efforts, SPORT promotes the development of competent practitioners and academicians by facilitating student research (conference presentations and publications), promoting public outreach (local presentations, newspaper and
By undertaking these projects, SPORT seeks to provide experience and create opportunities to help members prepare for future employment.

Recurrent projects and workshops:

- **SPEAR Conference** (spring semester)
  - **Note:** Due to the possibility of our department organizing the Regional AASP conference early Spring 2018, SPEAR may be canceled this upcoming spring.
- **Annual Speaker Series** (October 13th 2017, to coincide with COE Preview Day).
- **Thesis workshop** (fall semester)
  - Started Fall 2016, the Thesis workshop is aimed at 1st year master’s students to inform and prepare them for the thesis project. This group meets once a week.

Meeting times – TBD. Get in touch with Christina Todd, SPORT’s secretary, for more information.

**STUDENT AWARDS AND GRANTS**

**AASP**

**AASP Foundation Seed Grant**
- The AASP Foundation offers "seed grants" for community outreach/research projects. Grants may be for up to $500. The primary function of these community outreach/research seed grants is to provide limited support to AASP members (especially early career professionals/pre-tenured faculty or students) for their community outreach/research endeavors. In general, proposals must: integrate research and practice; be clearly articulated; ideally show potential for further community outreach/research work, leading to additional funding; and contribute to the knowledge base in exercise and sport psychology.
- **Applications can be submitted at any time.** Grants are due no later than midnight the day before each grant cycle to be considered within that review period. Applications will be reviewed four times a year: beginning January 1st, April 1st, July 1st, and October 1st. For more details about this award, including eligibility requirements and application materials, visit: [http://www.appliedsportpsych.org/members/grant-forms/aasp-foundation-seed-grants/](http://www.appliedsportpsych.org/members/grant-forms/aasp-foundation-seed-grants/)

**AASP Research Grant**
- The Association for Applied Sport Psychology offers research grants for research projects. Grants range from $250 to $5000. The primary function of these research awards is to provide limited support to early career professionals (pre-tenured faculty) or students for their research endeavors. In general, proposals must: integrate research and
practice; be clearly articulated; show potential for contributing to the knowledge base in
sport and exercise psychology.

- **The application deadline is April 1, 2018.** For more details about this award, including
  eligibility requirements and application materials, visit:
  http://www.appliedsportpsych.org/members/grant-forms/grant_proposal/

**Community Outreach Grant**

- The purpose of the Community Outreach Grant is to provide funding for projects that
  incorporate evidence-based practice and support local community initiatives that are congruent
  with AASP's purpose and mission, as well as the objectives of the Community Outreach Committee.
  Further, the Community Outreach Grant will support members' efforts towards earning Certified Consultant status via direct and
  indirect contact hours that are acquired through the implementation of the community
  outreach project (as supervised/mentored by a CC-AASP who is a current AASP member).
  Grants range from $250 to $5000.
- **The application deadline is April 1, 2018.** For more details about this award, including
  eligibility requirements and application materials, visit:
  http://www.appliedsportpsych.org/members/grant-forms/community-outreach-grant/

**Gualberto Cremades International Research Grant**

- Funded by the AASP Foundation, the Gualberto Cremades International Research Grant
  recognizes an international student as principal investigator, residing within or outside the
  US, for a research project focusing on sport and exercise psychology from an
  international perspective, with particular emphasis on collaborative efforts from a cross-cultural perspective and/or approaching the field from a non-Eurocentric, non-US
  perspective. A total of up to $1,000 may be awarded for either a single proposal or
  multiple proposals.
- **The application deadline is April 1, 2018.** For more details about this award, including
  eligibility requirements and application materials, visit:
  http://www.appliedsportpsych.org/members/grant-forms/aasp-foundation-gualberto-
  cremades-international-research-grant/

**Oglesby-Snyder Grant for Equity and Cultural Diversity**

- The Oglesby-Snyder Grant for Equity and Cultural Diversity is intended to stimulate and
  enhance efforts to apply sport psychology research to both advance a richer knowledge
  base and articulate a strong rationale for advocacy assuring that the values and benefits of
  sport are available to all on an equitable basis. Grants are available for up to $5,000. In
  general, proposals must: integrate research and practice; be clearly articulated; show
  potential for contributing to the knowledge base in sport and exercise psychology.
- **The application deadline is February 1, 2018.** For more details about this award, including
  eligibility requirements and application materials, visit:
  http://www.appliedsportpsych.org/members/grant-forms/oglesby-snyder-grant-for-
  equity-and-cultural-diversity/
APA Dissertations Research Award

- The Science Directorate of the American Psychological Association sponsors an annual competition for dissertation research funding. The purpose of the Dissertation Research Award program is to assist science-oriented doctoral students of psychology with research costs. The current program includes 30-40 grants of $1,000 each, along with several larger grants of up to $5,000 to students whose dissertation research reflects excellence in scientific psychology.
- **The application deadline is September 1, 2017.** For more details about this award, including eligibility requirements and application materials, visit: [http://www.apa.org/about/awards/scidir-dissertation.aspx](http://www.apa.org/about/awards/scidir-dissertation.aspx)

Early Graduate Researcher Award

- The Early Graduate Student Researcher Awards program recognizes students for conducting outstanding research early in their graduate training (i.e., research conducted within the first two years of doctoral study). It focuses on both the student’s general research experience and specific completed research projects. The research independence of the applicant as well as the novelty and implications of research performed as a graduate student will be used for evaluation purposes. Therefore preference may be given to students who have completed their second year of doctoral studies.

The funds may be used for direct research expenses (e.g., computer time, animal care, equipment, participant fees and incentives), software and/or conference travel; it may not be used for tuition, fees or personal expenses.

Each recipient receives an award of $1,000.
- **The application deadline is September 15, 2017.** For more details about the awards, including eligibility requirements and application materials, visit: [http://www.apa.org/about/awards/scistudent-earlyresearch.aspx](http://www.apa.org/about/awards/scistudent-earlyresearch.aspx)

NASPSPA

Graduate Student Research Grant

- The NASPSPA Graduate Student Research Grant aims to promote and support the scholarly activity of graduate student members. The maximum of each grant will be $2,000. The grant money must be used for activities directly related to conducting the proposed research (e.g., equipment, travel for data collection, participant recruitment) that are specified in the application budget.
- **The application deadline is April 1, 2018.** For more details about this award, including eligibility requirements and application materials, visit: [http://naspspa.com/?page_id=720](http://naspspa.com/?page_id=720)

NCAA

NCAA Graduate Student Research Grant Program
The NCAA Research Committee invites research proposals within the general topic areas of student-athlete psychosocial well-being and college athletics participation. Research grants are available for current graduate students enrolled at NCAA-member institutions only and are intended to support the student while conducting research to be used for a doctoral dissertation, master’s thesis or external publication. Awards for these one-time research grants are set at a maximum of $7,500. Recipients will be expected to culminate their project in an article suitable for publication in a scholarly journal, or in a completed master’s thesis or dissertation. Recipients will also be required to submit a brief summary of the funded research suitable for publication on the NCAA website and/or the NCAA Champion magazine.

Graduate students studying topics of specific interest to the NCAA and its membership and demonstrating the competencies necessary to successfully complete the proposed study will receive highest consideration. Research topics may include, but are not limited to: analytic philosophical/historical accounts of intercollegiate athletics; best practices for academic support of student-athletes; diversity and inclusion issues in intercollegiate athletics; finances of intercollegiate athletics; student-athlete integration into the campus community; student-athlete satisfaction with the college experience; the impact of participation in intercollegiate athletics on the academic or social experiences of student-athletes; and the relationship between athletics time commitments and academic success.

IMPORTANT NOTE: NCAA Graduate Student Research Grants are intended to support research primarily in the social and behavioral sciences. Graduate students whose research is nested within sport science, physical health and safety are encouraged to explore funding opportunities through their academic and professional organizations.

For more details about this award, including eligibility requirements and application materials, visit: [http://www.ncaa.org/about/resources/research/ncaa-graduate-student-research-grant-program](http://www.ncaa.org/about/resources/research/ncaa-graduate-student-research-grant-program)

The application deadline is typically in May.

**FSU Sport Psychology COE Endowment Awards**

**Hazel Dillmeier Travel Awards for International or NASPSPA Conference**

- This endowment is designed to encourage sport psychology graduate students to attend and present a paper/poster at an international or NASPSPA conference (devoted to sport, exercise, and movement sciences). To be eligible the student must:
  
    1. Show that the abstract was accepted for presentation/poster at conference
    2. Attend and present the paper/poster at conference
    3. Submit receipts of travel, registration, and lodging related to the conference

**Hazel Dillmeier Sport Psychology Research Fellowship**

- This endowment aims at recognizing students’ involvement and productivity in research activities in the program. Criteria to be considered are:
1. Sound theorizing of a research project(s) in the sport psychology laboratory or field
2. Approval to conduct research project by one of the sport psychology faculty
3. Submission of the research project to IRB
4. Conducting the research project
5. Preparing a manuscript of the research project
6. Submitting the manuscript for publication to a refereed journal

**Hazel Dillmeier Sport Psychology Service Fellowship**

- This endowment aims at recognizing students’ involvement in leadership and service activities which contribute to the reputation of the sport psychology program and professional development of graduate students. Criteria to be considered are:
  1. Organizing conferences, guest speakers, and events on campus
  2. Leading on-going activities deemed important for graduate students (e.g., SPORT, ASP-FSU)
  3. Facilitating sport psychology alumni involvement, support, and activities
  4. Representing and promoting the sport psychology program in external forums
  5. Organizing and meeting with prospective graduate students
  6. Assisting with program development and materials (e.g., handbooks, website, brochures)

**LIST OF CONFERENCES 2017-2018**

**Association for Applied Sport Psychology (AASP)**

Next Conference: October 18-21, 2017, Orlando, Florida

**North American Society for the Psychology of Sport and Physical Activity**

Next Conference: June 21-23, 2018, Denver, Colorado

**American Psychological Association (APA Div. 47)**

Next Conference: August 9-12, 2018, San Francisco, California

**European Federation of Sport Psychology (FEPSAC)**

Next Conference: July 15-20, 2019, Münster, Germany

**International Society of Sport Psychology (ISSP)**

Next Conference: 2021, Taipei, Taiwan
CAMPUS AND COMMUNITY INFORMATION

Campus Map
http://campus.map.fsu.edu/

Buses
Seminole Express:

With eight routes, the Seminole Express bus service assists students in their day-to-day movement around campus, including Innovation Park. The Seminole Express buses run on Monday-Friday from 7:00am to 8:00pm. Download the TransLoc app on Apple and Android smartphones for route maps and bus trackers.
https://transportation.fsu.edu/bus-service

StarMetro:

Students with valid Florida State I.D.s may ride free of charge on all city bus routes. The Student Fare Free Zone is seven days per week except Thanksgiving and Christmas Days.

Cars and Parking

All students are assessed a per credit hour fee paid with their tuition to cover their parking and transportation needs. To acquire a virtual parking permit visit the Parking and Transportation Services website. Students must have a vehicle license number, vehicle make and model, valid Florida State e-mail.

Virtual parking permits, via license plate registration, are required for all vehicles between the hours of 7:30AM and 4:30PM, Monday-Friday. Permits are valid from August 15 – August 15 for all currently enrolled students.

http://parking.fsu.edu

***Parking is difficult to find! Make sure to give yourself plenty of time!***

Safety

Campus

- Blue Light Trail – Consisting of over 400 strategically placed light poles along the Blue Light Trail; each pole is equipped with emergency speaker phones and topped with strobe lights. By pushing the emergency button located on the pole, students are immediately

- **The Florida State University Police** – The university police department promotes a safe and secure higher education environment while providing proactive police and customer-related services aimed at reducing crime. http://www.police.fsu.edu

- **S.A.F.E. (Student Alert Force and Escort Service) Connection** – Sponsored by the Student Government Association, S.A.F.E. Connection is a free service provided to FSU Students and promotes awareness of the dangers of driving under the influence of alcohol. Travel around campus is available nightly from 7:00AM-2:30AM. If you need a ride call 850-644-SAFE (7233)

- **Victim Advocate Program** – The Victim Advocate Program provides advocacy to victims of crime. An advocate is on call twenty-four hours a day to respond to The Florida State University students who are victimized, or any other person who is victimized on our campus. Services offered include emotional support, instructor notification, referrals, and educational programming for our campus community. http://www.victimadvocate.fsu.edu

- **FSU ALERT (Emergency Information and Instructions)** http://alerts.fsu.edu/

**Community**

- **Leon County Sheriff’s Office** – 2825 Municipal Way; (850) 922-3300; http://lcso.leonfl.org

- **Tallahassee Police Department** – 234 East Seventh Avenue; (850) 891-4200; http://www.talgov.com/tpd/index.cfm

**Mental Health and General Wellness Resources to Support Graduate Students**

- University Counseling Center (24/7): (850) 644-TALK (8255)

- University Counseling Center: (850) 644-2003

- Victim Advocate: (850) 644-7161

- University Health Services: (850) 644-6230

- Health Promotion: (850) 644-8871

- For more information visit: NolesCARE.fsu.edu