

# Jamila Evans Holcomb, Ph.D., LMFT

## EDUCATION

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Ph.D. Marriage and Family Therapy Dissertation: "Predictors of Ethnic-Racial Socialization Profiles in Early Childhood Among African American Parents" <i>Florida State University, Tallahassee, FL</i>	2017
M.S. Marriage and Family Therapy <i>Northwestern University, Evanston, IL</i>	2013
B.A. Psychology and Spanish; Minor in Sociology <i>Trinity University, San Antonio, TX</i>	2011

## LICENSURE, CERTIFICATIONS, AND TRAININGS

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Licensed Marriage and Family Therapist (License Number: MT 3505)	2018 - present
AAMFT Approved Supervisor and Florida Qualified Supervisor	2021 - present
Basic Trained in Eye Movement Desensitization and Reprocessing Therapy (EMDR)	2018
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Certified	2018-2023
Adoption Competency Certified	2018

## HONORS AND AWARDS

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Florida State University's Outstanding Teaching in the Major Award	2023
College of Health and Human Sciences' John E. and Mary L. Champion Undergraduate Teaching Award	2021
AAMFT Foundation Dissertation Award	2018
AAMFT/SAMHSA Minority Fellowship Program - Doctoral Fellow	2014 - 2016

## TEACHING EXPERIENCE

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Specialized Teaching Faculty I <i>Florida State University – Human Development and Family Science Department</i>	August 2019 - Present
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### Undergraduate Courses Taught:

- FAD 2230 – Family Relationships (traditional)
- FAD 3220 – Individual and Family Lifespan and Development (online)
- CHD 3243 – Context of Adolescent Development (traditional, online, and remote)
- CHD 4537 – Parenting (traditional and remote)
- FAD 4601 – Foundations of Counseling (online)
- CHD 4615 – Public Policy: Child and Family Issues (traditional, online, and remote)
- FAD 4905 – Directed Individual Study

### Graduate Courses Taught:

- FAD 5942 – Supervised Teaching (remote)
- FAD 6610 – MFT Social Justice and Diversity (traditional)
- FAD 6940 – Practicum in Marital and Family Therapy (traditional and remote)
- FAD 8944 – Internship (traditional)

### Instructor of Record

2015 - 2019

*Florida State University - Family and Child Sciences Department*

### Undergraduate Courses Taught:

- FAD 2230 – Family Relationships (traditional and online)
- CHD 3432 – Stress and Resilience (online)
- CHD 3243 – Context of Adolescent Development (traditional)
- CHD 4615 – Public Policy: Child and Family Issues (traditional)
- CHD 4630 – Methods of Studying Families and Children (traditional)

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## CLINICAL EXPERIENCE

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*Holcomb Counseling and Consulting, LLC – Tallahassee, FL* 2018 - Present  
Private Practice Owner – Individual, Family, and Trauma Counseling. Consultation and trainings to mental health professionals and organizations. AAMFT and Florida licensure supervision.

*Camelot Community Care – Tallahassee, FL* 2018 - 2019  
Contractor conducting Comprehensive Behavioral Health Assessments (CBHA's) of children and their families involved in the child welfare system.

*Children's Home Society – Tallahassee, FL* 2015 – 2019  
Clinical counselor in the Family Connections department; Provided Medicaid and Department of Health funded individual and family treatment to children and their families who have experienced trauma; Clients were referred for behavioral health services or under the Sexual Abuse Treatment and Prevention (SATP) program.

*Center for Couple and Family Therapy – Florida State University* 2013 – 2016  
Provided psychotherapy to individuals and couples; Maintained a caseload of four active cases.  
Co-facilitated a 10-week parenting group using the Parent Management Training- Oregon Model (PMTO) curriculum for a family with DCF involvement (Co-facilitators: Kendal Holtrop, Ph.D., LMFT and Kimberly Murray, Ph.D., LMFT)

*The Family Institute – Northwestern University* 2011- 2013  
Provided in-home, in-school, and in-office systemic psychotherapy to individuals, couples, and families; Integrated empirical data from the Systemic Therapy Inventory of Change (STIC) into case conceptualization, treatment planning and clinical interventions; Provided psychotherapy for families from area high schools in the Making Smart Choices Program (MSC) to reduce children's school suspension.

*HOPE Community: Big Bend Homeless Coalition, Tallahassee, FL* 2014  
Co-facilitated an 8-week parenting group with adaptation of Parent Management Training – Oregon Model (PMTO) for homeless parents living in a transitional housing community (Co-facilitator: Kendal Holtrop, Ph.D., LMFT)

*Connections for the Homeless, Evanston, IL* 2013  
Co-facilitated a 2-hr. /week group for six adolescent boys focused on enhancing self-esteem, interpersonal communication and emotional awareness (Co-facilitator: Jenna Sielaff, LMFT)

## PUBLICATIONS

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- Holcomb, J. E.** (2022). "Amplifying your voice": Advice for young practitioners of color. In A.G. James & L.A. Anderson (Eds.). *Letters to a young practitioner*. Cognella.
- Jackson, L. J., Ford, J. R., James, B. A., Schleiden, C. A., Harris-McKoy, D., & **Holcomb, J. E.** (2020). Expect the best: The impact of parental expectation on Black males' academics. *Journal of Black Studies*, 51(8), 767-789. <https://doi.org/10.1177/0021934720946427>.
- Gonzales-Backen, M. A., & **Holcomb, J. E.** (2019). Race and ethnicity. In Macmillan Encyclopedia of Families, Marriages, and Intimate Relationships (pp. 697-698). Macmillan Reference USA.
- Gonzales-Backen, M. A., McWey, L., & **Holcomb, J. E.** (2019). Cross-ethnic measurement equivalence of the children's depression inventory among youth in foster care. *Journal of Emotional and Behavioral Disorders*, 28(3), 144-155. <https://doi.org/10.1177/1063426619838539>
- Holtrop, K., & **Reynolds, J. E.** (2018). "Do it more geared toward parents in our situation": Adapting and pilot testing a parenting intervention for homeless families in transitional housing. *Family Process*, 57(4), 884-900. <https://doi.org/10.1111/famp.12341>
- Reynolds, J. E.** (2017). Addressing racial trauma in therapy with African American clients. In J. L. Lebow, A. L. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. Springer.
- Reynolds, J. E.,** & Gonzales-Backen, M. A. (2017). Ethnic-racial socialization and the mental health of African Americans: A critical review. *Journal of Family Theory and Review*, 9(2), 182-200. <https://doi.org/10.1111/jftr.12192>

# Jamila Evans Holcomb, Ph.D., LMFT

- Withers, M. C., **Reynolds, J. E.**, Reed, K., & Holtrop, K. (2017). Dissemination and implementation research in marriage and family therapy: An introduction and call to the field. *Journal of Marital and Family Therapy*, 43(2), 183-197. <https://doi.org/10.1111/jmft.12196> \*Honorable Mention in 2017 Article of the Year Competition\*
- Reynolds, J. E.**, Gonzales-Backen M. A., Allen, K. A., Hurley, E. A., Donovan, R. A., Schwartz, S. J., Hudson, M., Agocha, B., & Williams, M. (2017). Ethnic-racial identity of black emerging adults: The role of parenting and ethnic-racial socialization. *Journal of Family Issues*, 38(15), 2200-2224. <https://doi.org/10.1177/0192513X16629181>
- Smith, S. M., **Reynolds, J. E.**, Fincham, F., & Beach, S. R. H. (2016). Parental experiences of racial discrimination and youth racial socialization in two-parent African American families. *Cultural Diversity and Ethnic Minority Psychology*, 22, 268-276. <https://doi.org/10.1037/cdp0000064>
- Smith, S. M., Holtrop, K., & **Reynolds, J. E.** (2015). Do positive parenting practices moderate parental mental health and child behavior problems among homeless families? *Family Relations*, 64, 606 -620. <https://doi.org/10.1111/fare.12166>

## PROFESSIONAL PRESENTATIONS

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- Holcomb, J. E.** (2023, March). *Clinical best practices for addressing racial trauma*. Webinar presented for Trilogy Behavioral Healthcare (Local).
- Anderson, L. A., & **Holcomb, J. E.** (2022, July). *Critical race theory and family science*. Webinar presented for the National Council on Family Relations. (International).
- Holcomb, J. E.** (2022, May). *Addressing racial trauma in the clinical setting*. Webinar presented for the Association for Family Therapy and Systemic Practice (AFT). (International).
- Holcomb, J. E.** (2022, April). *What is racial trauma and how do we heal from it?*. Webinar presented for UnityPoint Health, Black Hawk-Grundy Mental Health Center. (State)
- Holcomb, J. E.** (2021, November). *Clinical best practices for addressing racial trauma*. Virtual presentation presented at the annual meeting of the Association for Marriage and Family Therapy (AAMFT). (National)
- Holcomb, J. E.**, Hayd, N., & Wynn, R. (2021, November). *Radical self-care*. Panel discussion for 904ward. (Local).
- Holcomb, J. E.**, & Scott, J. (2021, November). *Cultivating anti-racism in the classroom*. Virtual interactive poster presentation presented at the annual meeting of the National Council on Family Relations. (International).
- Holcomb, J. E.** (2021, October). *Clinical best practices for addressing racial trauma*. Webinar presented for Trilogy Behavioral Healthcare (Local).
- Holcomb, J. E.** (2021, September). *Addressing racism and racial trauma in behavioral healthcare*. Panel discussion for the Impact Nation conference. (International).
- Holcomb, J. E.** (2021, September). *Exploring the connection between racial trauma and substance use*. Keynote presentation at the 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference. (National).
- Scott, J. & **Holcomb, J. E.** (2021, June). *Confronting racial trauma with emerging family scientist*. Virtual roundtable presented at the annual meeting of the Teaching Family Science Conference. (National)
- Holcomb, J. E.** (2021, May). *Clinical and pedagogical best practices for addressing racial trauma*. Webinar presented for AAMFT Minority Fellowship Doctoral Training Institute. (National).
- Holcomb, J. E.** (2021, April). *What is trauma and trauma-informed practice?*. Webinar and panel presented for North Carolina Custody Mediation and Family Court. (State).
- Holcomb, J. E.** (2021, February). *Finding strength in the face of uncertainty: Child care is essential*. Keynote presentation at the Strong Children Strong Communities conference. (State).
- Holcomb, J. E.** (2021, January). *Clinical best practices for addressing racial trauma*. CEU webinar training presented for GoodTherapy. (National).
- Holcomb, J. E.** (2020, December). *Leveraging protective factors to help mitigate the effects of racial trauma in 2021*. Webinar presented for Relias. (International)
- Holcomb, J. E.** (2020, December). *Clinical best practices when working with Black clients*. CEU webinar training presented for MD Anderson Cancer Center – Department of Social Work. (Local).
- Holcomb, J. E.** (2020, November). *Becoming Dr. Holcomb*. Professional presentation presented via Zoom at California State University Chico Get Psyched Series. (Local)
- Holcomb, J. E.** (2020, November). *Addressing racial trauma in the clinical setting*. Webinar presented for Relias. (International)

# Jamila Evans Holcomb, Ph.D., LMFT

- Holcomb, J. E.** (2020, October). *Racial trauma and its impact on the Black community*. Webinar presented for Trilogy Behavioral Healthcare (Local).
- Holcomb, J. E.** (2020, September). *Understanding how racial trauma affects the Black community*. Webinar presented for the Trauma Think Tank Group with the Allegheny County, PA Dept of Human Services. (Local).
- Holcomb, J. E., & Scott, J.** (2020, September). *Addressing racial trauma in the classroom*. Virtual Interactive Workshop presented for Diversity and Inclusion in Research and Teaching Organization (DIRECTO) Fall Symposium. Tallahassee, FL. (Local)
- Holcomb, J. E.** (2020, September). *Racial trauma and its impact on the Black community*. Webinar presented for Tallahassee Chan Center. Tallahassee, FL. (Local)
- Holcomb, J. E.** (2020, August). *What is racial trauma? Understanding how trauma affects the Black community*. Webinar presented for Relias. Stats: Live webinar attendees - 5,550, Webinar registrants – 12,414. (International)
- Wilson, C. B., Scott, J. C., Jeter, N. S., Greene, K. H., & **Holcomb, J. E.** (2020, June). *Teaching family science to generation Z students from a distance*. Accepted as a presentation at the annual meeting of the Teaching Family Science Conference (cancelled due to COVID-19). Asheville, NC. (National)
- Holcomb, J. E.** (2018, November). *Breaking barriers: Addressing ethnic-racial trauma in therapy*. Workshop presented at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT). Louisville, KY. (National)
- Holcomb, J. E.** (2018, June). *The road to Ph.D.* Professional presentation presented at The Family Institute at Northwestern University. Evanston, IL.
- Holcomb, J. E.** (2017, October). *Breaking barriers: Addressing racial trauma in the therapy room*. Workshop presented at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT). Atlanta, GA. (National)
- Reynolds, J. E.** (2016, September). *The use of ethnic-racial socialization with black clients in therapy*. Research discussion presented at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT). Indianapolis, IN. (National)
- Reynolds, J. E., & Gonzales-Backen, M.A.** (2016, September). *Impact of ethnic-racial socialization and identity on mental health*. Research discussion presented at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT). Indianapolis, IN. (National)
- Gonzales-Backen, M. A., Bamaca-Colbert, M., & **Reynolds, J. E.** (2016, April). *Discrimination, peer stress, and psychosocial outcomes among Mexican-origin adolescent girls: Examining of the order of effects*. Poster presented at the biennial meeting of the Society for Research on Adolescence (SRA). Baltimore, MD. (International)
- Holtrop, K., & **Reynolds, J. E.** (2015, November). *Adapting a parenting intervention for homeless families in transitional housing*. Roundtable presented at the annual meeting of the National Council on Family Relations Conference (NCFR). Vancouver, Canada. (International)
- Reynolds, J. E., Gonzales-Backen, M. A., & McWey, L.** (2015, September). *Cross-ethnic measurement equivalence of the Children's Depressive Inventory for at-risk adolescents*. Poster presented at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT). Austin, TX. (National)
- Reynolds, J.E., & Holtrop, K.** (2015, September). *Adapting and pilot testing an evidence-based parenting program for homeless families*. Poster presented at the annual meeting of the American Association for Marriage and Family Therapy (AAMFT). Austin, TX. (National)
- Holtrop, K., & **Reynolds, J. E.** (2015, May). *Adapting and pilot testing an evidence-based parenting program for homeless families*. Poster presented at the annual meeting of the Society for Prevention Research (SPR). Washington, D.C. (International)
- Reynolds, J. E., Gonzales-Backen, M. A., Allen, K. A., Hurley, E., Donovan, R. A., Schwartz, S. J., Hudson, M., Agocha, B., & Williams, M.** (2014, November). *Ethnic-racial identity among Black emerging adults: The role of the parenting relationship and ethnic-racial socialization*. Paper presented at the annual meeting of the National Council on Family Relations Conference (NCFR). Baltimore, MD. (International)
- Reynolds, J. E., Wong, S. K., & Childers, J. B.** (2010, March). *How do children learn to compare events when learning new verbs?* Poster presented at the Society for Research on Human Development Conference (SRHDC). San Antonio, TX. (National). Won first place prize for undergraduate student submissions.

## PROFESSIONAL SERVICE

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# Jamila Evans Holcomb, Ph.D., LMFT

## *Service to the University, College, and Department*

- Chair of HDFS Diversity and Inclusion Committee 2020 - Present
- Undergraduate Scholarship Committee Member 2020 - 2023
- HDFS Teaching Faculty I Search Committee 2021
- Marriage and Family Therapy (MFT) Program Advisory Committee Member 2019 - 2020
- Graduate Student Representative on the FCS Department Chair Search Committee 2014 - 2015

## *Mentorship and Supervisory Committee Service*

- Undergraduate Level
  - Bridgette Ligon (2023). Nominated and Winner of 2023 FSU's Undergraduate Leadership Award representing the College of Health and Human Sciences.
  - Kevin Braun (2022). Psychology Program, Florida State University. Honor Thesis Defended on April 7<sup>th</sup>, 2022
  - Alani Day (2021). Human Development and Family Science, Florida State University. Honor Thesis Defended on November 5<sup>th</sup>, 2021
  - Mariafernanda Macias (2021). Psychology Program, Florida State University. Honors Thesis Defended on April 9<sup>th</sup>, 2021
- Master's Level
  - Adrian Weldon (2020). Marriage and Family Therapy Program, Purdue University Northwest. Thesis Defended on November 30<sup>th</sup>, 2020
- Doctoral Level
  - Katie Morris (Anticipated 2024). Marriage and Family Therapy Program, Florida State University. Dissertation Defended on (TBD).
  - Lexie Unhjem (Anticipated 2024). Marriage and Family Therapy Program, Florida State University. Dissertation Defended on (TBD).
  - Crystal Marroquin (Anticipated 2025). Marriage and Family Therapy Program, Florida State University. Dissertation Defended on (TBD).

## *Professional Membership and Service to the Profession*

- American Association for Marriage and Family Therapy 2011 - Present
  - Minority Fellowship Mentor 2017-2018; 2018-2019
  - Conference Proposal Reviewer 2016; 2017
- National Council on Family Relations 2013-2017
  - Conference Proposal Reviewer 2014
- Manuscript Reviewer
  - Journal of Marital and Family Therapy 2023
  - Journal of Black Psychology 2019
  - Journal of HIV/AIDS & Social Services 2018
  - Child Development 2018
  - Journal of Family Theory and Review 2017 – 2021
  - Journal of Family Issues 2016 - 2017
- Florida Association for Marriage and Family Therapy
  - Diversity and Ethics Committee Member 2014 – 2016
  - Student member 2013 – 2016
- Tallahassee Association for Marriage and Family Therapy
  - Board Member 2014 – 2016