

Michele U. Garber

**Office: Department of Nutrition, Food and Exercise Sciences
Florida State University
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EDUCATION

MASTER OF SCIENCE: Athletic Training - August, 1990.
Eastern Kentucky University - Richmond, Kentucky

BACHELOR OF SCIENCE: Exercise Specialist - May, 1988.
University of Wisconsin - Madison, Wisconsin
Option: Athletic Training

PROFESSIONAL EXPERIENCE

ASSISTANT DEPARTMENT CHAIR: Department of Nutrition, Food and Exercise Sciences, The Florida State University. December 2017-Present: Assist the Department Chair in all aspects of administration concerning Departmental affairs.

ASSOCIATE DIRECTOR: Institute of Sports Sciences and Medicine, The Florida State University. December 2010- 2014: Co-Direct the FSU Institute and supervise graduate students enrolled in the Sports Sciences program. Conduct research and service activities related to sports performance and injury prevention/treatment.

ASSOCIATE PROGRAM DIRECTOR AND TEACHING FACULTY: The Florida State University. August 2003-Present: Co-Direct the Commission on Accreditation of Athletic Training Education (CAATE) Accredited Athletic Training Program.

PROGRAM DIRECTOR: Valdosta State University. June 1997-June 2003: Directed the Commission on Accreditation of Allied Health Education Programs (CAAHEP) Accredited Sports Medicine/Athletic Training Program.

ASSISTANT PROFESSOR, ASSISTANT ATHLETIC TRAINER: Valdosta State University. March 1995 - 2003: Assisted Director of Sports Medicine in all aspects of the athletic training program. Specific athletic responsibility was to provide athletic health care to the men's and women's tennis teams. Instructed and advised students in the Department of Kinesiology and Physical Education.

INSTRUCTOR, ASSISTANT ATHLETIC TRAINER: Valdosta State University. September 1990 - March 1995: Taught and advised students in the Department of Health, Physical Education and Athletics.

GRADUATE ASSISTANT: Eastern Kentucky University, Department of Physical Education. August 1989 - August 1990: Developed and implemented preventative, treatment and rehabilitative programs for the University's Athletic Training Program.

LAB ASSISTANT: University of Wisconsin Sports Medicine and Fitness Center. August 1987 - August 1989: Performed fitness evaluations on high school and collegiate athletes. Analyzed and presented results to the athletes, coaches, athletic trainers and parents.

RELATED EXPERIENCE

ASSOCIATE DIRECTOR: Health Professions Living Learning Community. Reynolds Hall

Florida State University: 2003-Present.
APPROVED CLINICAL INSTRUCTOR – Florida State University: 2003-Present
Valdosta State University: 1990-2003.
CHAMPS COORDINATOR: Valdosta State University. Summer 1996 - 2003:
Coordinated the NCAA funded CHAMPS/Life Skills Program.
COMPUTER LAB COORDINATOR: Valdosta State University, 1996-1999.
Coordinated work/study students to operate the KSPE student computer lab.
LECTURER: Seminole Athletic Training Camp, Florida State University, Summers-
1994, 1993, 1992.
LECTURER: Valdosta State University Student Athletic Training Symposium
Valdosta State University, Summer 1993.

COURSE SYLLABI DEVELOPED AND REVISED/Courses Taught

*KSPE 3200 Nutrition for Fitness and Sport
*KSPE 3430 Kinesiology
*KSPE 4300 Foundations of Injury Prevention and Care
*KSPE 4400 Therapeutic Modalities in Sports Medicine/AT
*KSPE 4420 Practicum in Sports Medicine/AT
*KSPE 4430 Internship in Sports Medicine/AT
*KSPE 4450 Sport Related Illnesses and Conditions
*KSPE 4490 Rehabilitation Techniques in Sports Medicine/AT
*KSPE 4491 Advanced Rehabilitation Techniques in Sports Medicine/AT
*KSPE 4600 Athletic Training Ethics and Psychosocial Issues
*KSPE 4700 Athletic Training Professional Practice Seminar
*KSPE 3440, 3441, 4440, 4441 – AT Clinical Proficiencies I, II, III, IV
#PET 3660 Athletic Training Administration
#PET 4312 Kinesiology/Biomechanics
#PET 3310 Kinesiology
#PET 3621 AT I
#PET 4944 Athletic Training Clinical IV
#PET 4304 Athletic Training Professional Development
PET 4905 Medical and Scientific Terminology
PET 5945 Sports Sciences Practicum
***Required course for VSU Athletic Training majors**
#Required course for FSU Athletic Training Majors

INNOVATIVE APPROACHES TO INSTRUCTION

Acangate – Visible Body Virtual Reality Human Cadaver Dissection
Caduceus International Publishing, On-line Courses – Medical and Scientific Terminology
BLACKBOARD Based Instruction – All FSU courses
WEB CT Based Instruction-Essentials of Exercise Testing and Prescription
Interactive Functional Anatomy – Primal Pictures Ltd.
Cramer Exam Master-Athletic Trainer's Curriculum Review, Cramer Software Group
Athletic Training Action - Simulations in Sports Medicine, Cramer Software Group
Animated Dissection of Anatomy for Medicine, A.D.A.M., Software Inc
Dynamic Human, The 3D Visual Guide to Anatomy and Physiology

PARTICIPATION IN CONFERENCES/WORKSHOPS AND PROFESSIONAL COMMITTEES

June 2017–National Athletic Trainers’ Association Annual Symposium, Houston
 October 2015-CAATE Accreditation Conference, Tampa
 June 2014-Natioanl Athletic Trainers’ Association Annual Symposium, Indianapolis
 June 2013-National Athletic Trainers’ Association Annual Symposium, Las Vegas
 June 2012 – Capital City Sports Summit, Co-Director and Host, Tallahassee, FL
 June 2011 – Florida Athletic Training Educators’ Symposium, Lakeland FL
 June 2011 – National Athletic Trainers’ Association Annual Symposium, New Orleans
 June 2009-National Athletic Trainers’ Association Annual Symposium, San Antonio
 January 2009 – Athletic Training Educators’ Conference, Washington DC
 June 2008 – National Athletic Trainers’ Association Annual Symposium, St. Louis
 October 2007 – ACUHO-I Living Learning Programs and Residential Colleges Conference
 June 2007 – National Athletic Trainers’ Association Annual Symposium, Anaheim
 January 2007 – Athletic Training Educators’ Conference, Dallas
 June 2006 – National Athletic Trainers’ Association Annual Symposium, Atlanta
 June 2005 – National Athletic Trainers’ Association Annual Symposium, Indianapolis
 January 2005-present – ATAF Education Committee Co-Chair
 January 2005 – Athletic Training Educators’ Conference, Houston
 April 2004 – Athletic Trainers’ Association of Florida Annual Symposium, Orlando
 January, 2003 – Georgia Athletic Trainers’ Association Annual Symposium, Atlanta
 September, 2002 – National Athletic Trainers’ Association Low Back Home Study
 January, 2002-2003 – GATA Education Committee Co-Chair
 January, 2002 – Georgia Athletic Trainers’ Association Annual Symposium, Atlanta
 January, 2001 – Georgia Athletic Trainers’ Association Annual Symposium, Atlanta
 January, 2001 – Athletic Training Educators’ Conference, Dallas, TX
 September 2000 – Excel Intro Workshop, Valdosta, GA
 November, 2000 – Front Page Basics Workshop, Valdosta, GA
 January, 2000 – Georgia Athletic Trainers’ Association Annual Symposium, Atlanta
 January, 1999-Present – Member, Organizing Committee, “Vision 2000”
 February, 1999 – SEATA Student Symposium, Atlanta
 January, 1999 – Athletic Training Educators’ Conference, Dallas, TX
 January, 1999 – Georgia Athletic Trainers’ Association Annual Symposium, Atlanta
 February, 1998 – SEATA Student Symposium, Atlanta
 February, 1998 – CHAMPS Continuing Education Workshop, Atlanta
 January, 1998, 1999, 2000, 2001, 2002, 2003 - Share the Wealth, Jekyll Island, GA
 January, 1998 - Georgia Athletic Trainer’s Symposium, Atlanta
 February, 1997 - Power Point in Technology Deprived Classrooms, Valdosta, GA
 February, 1997 - CHAMPS Continuing Education Workshop, San Diego, CA
 January, 1997 - AAODE Task Force Panelist, Valdosta, GA
 January, 1997 - NATA Professional Educators’ Conference, Dallas, TX
 October, 1996 – UW Medical School Home Study Program
 July, 1996 - NCAA CHAMPS Program Implementation Training, K.C., MO
 Fall, 1995 - Using Microsoft Office, Valdosta, GA
 February, 1995 -Closed Chain Kinetics in Rehabilitation Symposium, Birmingham, AL
 Fall, 1994 - A.P.A. Writing Workshop, Valdosta, GA
 Fall, 1994 - Word Perfect, Quatro Pro and WP Graphics Workshop, Valdosta, GA
 Fall, 1994 - Grant Proposal Writing Workshop, Valdosta, GA
 June, 1992 – National Athletic Trainers’ Association Clinical Symposium, Denver
 June, 1991– National Athletic Trainers’ Association Clinical Symposium, New Orleans, LA

SYSTEM/COLLEGE/SCHOOL-WIDE COMMITTEE SERVICE

2014-Member, Search Committee – Chair, Department of NFES FSU

2010 – Chair, Search Committee – Associate Dean, College of Human Sciences -FSU
 2009 – Co-author, Department of NFES Quality Enhancement Review
 2006-2008 – Faculty Advisory Committee, College of Human Sciences - FSU
 2005-2006 – Scholarships and Awards Committee, College of Human Sciences - FSU
 2004-2005 - Scholarships and Awards Committee, College of Human Sciences -FSU
 2003-2004 – Scholarships and Awards Committee, College of Human Sciences-FSU
 1999-2001 – Faculty Senator, V.S.U., Represented the College of Education
 1996-1999 - Faculty Senator V.S.U., Represented the College of Education
 1998- 2003 – Chair V.S.U. Academic Scheduling and Procedures Committee
 1997-1998 - Chair-elect V.S.U. Academic Scheduling and Procedures Committee
 1996-1997 - Vice Chair V.S.U. Academic Scheduling and Procedures Committee
 1996-1999 - V.S.U. Academic Committee
 1996-2003 - College of Education Technology Committee
 1994-1997 - College of Education Scholarships, Honors and Recruitment Committee
 1993-1995 - V.S.U. Judicial Committee

CONTRIBUTIONS AT DEPARTMENTAL LEVEL ON COMMITTEES AND GENERAL INVOLVEMENT IN THE DEVELOPMENT AND ATTAINMENT OF DEPARTMENT AND COLLEGE GOALS

2014-Present – Undergraduate Coordinator, Department of NFES
 2013 – Scholarships and Awards Committee, Department of NFES
 2013 – Search Committee Member, Exercise Science Two Positions, NFES
 2012 – Search Committee Member, Exercise Science Position, NFES Department
 2011 – Chair, Merit Committee, NFES Department - FSU
 2010 – Search Committee, ISSM Director, NFES Department - FSU
 2006-**Present** – Merit Committee, NFES Department - FSU
 2005-**Present** – Undergraduate Committee, NFES Department - FSU
 2004-2005 – ATAF Education Committee Member
 2004-2005 – Departmental Search Committee Member, NFES Chair Position
 2003-2004 – Undergraduate Committee, NFES Department - FSU
 2000-2003 – Chair, Department of KSPE Advisory Committee
 2000-2003 – Member, Personnel Committee
 1999-2003 – Chair, CAAHEP Self Study Committee
 1999-2003 – Chair, Strategic Planning Committee
 1999-2003 – Member, Social Committee
 1999-2003 – Member, Graduate Committee
 1997-1998 - Proxy Member, Personnel Committee
 1996-1997 - Chair, Personnel Committee
 1995-1996 - Vice Chair, Personnel Committee
 1993-Present - Criteria for Merit Committee
 1992-1993 – Lettermen’s Club Committee
 1992-1993 - Program Effectiveness Committee

SCHOLARSHIP/PRESENTATIONS/INVOLVEMENT WITH PUBLIC SCHOOLS

Kasper MJ, Garber M, Walsdorf K. Young women unaware of and unconcerned about the development of osteoporosis: the results from a cross-sectional survey in college females. /American Journal of Health Education./ In press. Accepted for publication on November 29, 2006.

Kasper, MJ.,Garber, M. & Walsdorf, K. (2006) Poster: Osteoporosis Knowledge and Beliefs in College Females, 53rd Annual Meeting of the American College of Sports Medicine, Denver.

Kasper, M. & Garber, M. (2001) *Preparing Your Clients for Outdoor Summer Running. Personal Fitness Professional*

Recipient, Faculty Development Grant, Valdosta State University, 1991, 1993, 1994, 1999, 2002 (\$500 each award).

Invited Speaker, Lowndes County High School Valdosta, GA, "Athletic Training as a Profession". September, 2001
Coordinator, St. John Catholic School Valdosta, GA, Careers in Athletics, March, 2000.
Invited Speaker, S.E.A.T.A. Educational Symposium, "Abdominal and Thoracic Injuries". February, 2000. Atlanta, Georgia.
Invited Speaker, S.E.A.T.A. Educational Symposium, "Abdominal and Thoracic Injuries". February, 1999. Atlanta, Georgia.
Coordinator, V.S.U. Athletic Department, Community Partners in Education 1997-2003
Invited Speaker, V.S.U. Peer Educators Symposium, "Eating Disorders". November, 1998

Invited Speaker, S.E.A.T.A. Educational Symposium, "Concepts of Rehabilitation". February, 1998. Atlanta, Georgia.
Coordinator, North Hamilton County Career Fair, Careers in Athletics. March, 1997.
Invited Speaker, Alpha Delta Phi Sorority, □Nutrition and Fitness for Adolescent Females. November, 1996.
Lecturer, College of Nursing, Nutrition and Fitness Across the Life Span for Women. October, 1996.

CONTRACTS AND GRANTS FUNDED

Jordan, Steve E (PI), Sehgal, A. K., Garber, M. U., & Kasper, M. J. (Jan 2012–Jan 2016). *Use of Autologous Conditioned Plasma for the*. Funded by FSU Foundation. (INITIAL). Total award \$54,135.

Sehgal, Angela K (Co-PI), Garber, Michele U (Co-PI), Jordan, Steve E (PI), & Kasper, Mark Joseph (Co-PI). (Jan 2012–Jan 2016). *Treatment of Patellar Tendonitis*. Funded by FSU Foundation. Total award \$54,135.

COMMUNITY SERVICE PROJECTS (1997-Present)

Relay for Life, Participant
V.S.U. CHOICES Drug Education Seminar, Organizing Committee Member
Professionals in the Field, Shadowing Mentor, Lanier County Schools
Department of Athletics Community Partners in Education Coordinator, Valdosta, GA
The Haven, Battered Women's Shelter, Valdosta, GA – CHAMPS Volunteer Coordinator
Pediatric Hospital Wing, Valdosta, GA – CHAMPS Volunteer Coordinator
Staff Volunteers Coordinator- Special Olympics, Valdosta, GA

CERTIFICATIONS, MEMBERSHIPS AND HONORS

Florida State University Partners with a Purpose University Award Recipient, 2015
Florida State University Undergraduate Teaching Award Recipient, 2013
Florida State University Undergraduate Teaching Award Recipient, 2007
Florida State University Undergraduate Teaching Award Nominee, 2007, 2008, 2009, 2017
Florida State University Advising Award Nominee, 2006, 2017
N.A.T.A. Certified, #059102528
S.E.A.T.A. Certified Member
A.T.A.F. Licensed Member #AL1716
NATABOC Test Site Administrator
State of Georgia Licensed Athletic Trainer #000226
American Red Cross CPR Certified
American Red Cross First Aid Certified