# LISA C. TRONE DHSc, RDN, LD/N

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# EDUCATOR - CLINICAL REGISTERED DIETITIAN

Highly effective dietitian and educator with 20 years of experience working in various aspects of the health care field. Expertise teaching at the collegiate level in clinical and foodservice areas. Proven ability to supervise, train, and mentor staff, students, and interns at all levels. Experienced preceptor for dietetic students for the past 10 years. Strong organizational and time management skills. Registered and Licensed Dietitian.

#### **CORE COMPETENCIES**

- Face-to-Face and Online Teaching
- Effective Communication
- Effective Interpersonal Skills
- Public Speaking / Lecture

- Foodservice Management
- Organization skills
- ACEND process experience
- Time Management

#### **INDUSTRY EXPERIENCE**

<u>Teaching Faculty I</u> Florida State University Tallahassee, FL

**Key Accomplishments** 

- Develop class syllabus, lectures, and testing materials for multiple nutrition classes
  - Foodservice Management, Institutional Food Economics, Advanced Medical Nutrition Therapy, Community Nutrition, Current Topics in Dietetics.
- Maintain Dietetics Internship certification
- Assign internship rotation appointments for current interns
- Review applications for interns interested in or applying to the Florida State Dietetics Internship Program

Adjunct Professor

August 2009-August 2019

August 2019 - Present

Florida State University

Tallahassee, FL

**Key Accomplishments** 

- Develop class syllabus, lectures, and testing materials for Foodservice Management class
  - Topics include management theories, marketing, kitchen layout, employee motivation and discipline, employment process including resume building and interviewing techniques, inspection process/F-tags, and budgeting.
- Develop class syllabus, lectures, and testing materials for Food Economics class
  - o Topics include menu development, standardized recipes, HACCP, ordering, and sanitation.
- Develop class syllabus, lectures, and testing materials for Medical Nutrition Therapy class

- Topics include nutrition therapy for acute and chronic disease states, ADIME charting, PES statements, nutrition assessment, analysis, and recommendations.
- Assist with ASCEND data collection to meet competencies and learning outcomes
- Mentor students observing clinical and foodservice functions for practicum hours

### Director of Food and Nutrition Services/Clinical Dietitian

September 2015-present

Eden Springs Nursing & Rehab Center

Crawfordville, FL

**Key Accomplishments** 

- Mentor dietetic interns through foodservice and clinical rotations
- Conduct interviews for new staff, disciplinary protocols for current staff
- Develop staffing schedule for dietary staff
- Complete weekly food orders
- Conduct monthly departmental meetings
- Assists with plan of corrections from state surveys
- Provide in-services as needed on foodservice and nutrition related topics
- Complete patient care evaluations, follow-ups, education
- Complete MDS updates and care plans.
- Conduct ongoing clinical and foodservice audits including:
  - o Kitchen sanitation, dining room service, tray line service, tray accuracy, weight loss, supplement review, and cost control
- Provide cost control recommendations to maintain budgeted PPD costs
- Develop policies and procedures for nutritional and management related topics
- Develop non-select menus for inpatient services
- Provide yearly sanitation audit for community Senior Center

# Consultant Dietitian/Supervisor

May 2011-February 2018

Nutritious Lifestyles, Inc

Orlando, FL

**Key Accomplishments** 

- Complete patient care evaluations, follow-ups, education at various nursing home and rehabilitation facilities in the area
- Complete MDS updates and care plans.
- Conduct ongoing clinical and foodservice audits including:
  - o Kitchen sanitation, dining room service, tray line service, tray accuracy, and cost control
- Provide cost control recommendations to maintain budgeted PPD costs
- Provide consulting advice through state surveys
- Write plan of corrections for state surveys as needed
- Complete monthly reports to Nutritious Lifestyles and client facility
- Meet with administrator, director of nursing, foodservice manager monthly regarding clinical and foodservice reports
- Counsel other consultants and provide educational and diplomatic support
- Developed and conducted organizational and national webinars approved for continuing education

## Personal Trainer/Aerobics Instructor/Dietitian

January 2001-September 2013

Tallahassee Family YMCA

Tallahassee, FL

**Key Accomplishments** 

- Develop fitness programs based on client goals
- Instruct various aerobic classes
- Conduct educational seminars relating to nutrition and exercise
- Counsel clients regarding nutrition for weight loss and other medical nutrition therapies

Clinical Dietitian May 2004-June 2011

HealthSouth Rehabilitation Hospital

Tallahassee, FL

**Key Accomplishments** 

- Completed patient care evaluations and follow-ups
- Developed diabetes and weight loss education programs for in-patient services
- Developed policies and procedures for nutritional and wound care related topics
- Rounded with wound care nurse to change and document wound care
- Developed therapeutic and modified select and non-select menus for inpatient services
- Mentored dietetic interns through foodservice and clinical rotations
- Conducted ongoing audits and patient satisfaction surveys
- Developed Wellness Program for employees including seminars, exercise, and weight loss programs
- Developed community-based health fair
- Conducted educational seminars for local organizations including
  - National Cancer Foundation, Better Breathers, National Osteoporosis Foundation, Weight Loss, Senior Center
- Conducted seminars approved for continuing education

Clinical Dietitian December 1999 – May 2004

Sodexho at Tallahassee Memorial Hospital

Tallahassee, FL

**Key Accomplishments** 

- Completed patient care evaluations, follow-up, and education in the intensive care units, long term care facility, rehabilitation facility, and general floors of the hospital
- Completed interdisciplinary care plan meetings, care plans, and MDS documentation at long term care facility
- Participated in Joint Commission surveys

#### **EDUCATION**

Doctorate of Health Science

Nova Southeastern University, August 2008

Final Paper- Development of an Outpatient Diabetic Nutrition Education Program for a Rehabilitation Hospital.

Master of Science Florida State University, April 2002

Food and Nutrition Science GPA- 3.713

Management Training Course Sodexho, July 23-25, 2002

Bachelor's of Science Florida State University, December 1999

Food and Nutrition Science GPA- 3.447

Bachelor's of Science, Physical Education Western Illinois University, August 1998

Emphasis in Athletic Training GPA- 3.644

# PROFESSIONAL CERTIFICATIONS/ MEMBERSHIPS

State of Florida Dietitian Licensure

Registered Dietitian Nutritionist

ACSM Health Fitness Instructor

License # ND 4291

Registration # 926110

Certification # 16500

Academy of Nutrition and Dietetics Member
Florida Academy of Nutrition and Dietetics Member